

Camp Workcoeman

Camping Merit Badge Prerequisite Requirement Sign-Off Form

Scout Name: _____ Troop: _____

To Troop Leadership:

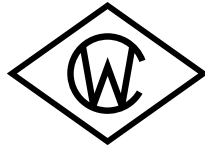
The above Scout is attending a *Camping* merit badge program at Camp Workcoeman. In order to fulfill badge requirements, there are items which cannot be completed during a two-day program.

Please review and initial those requirements which have been completed by the Scout prior to participation at this event. This verification will be used to identify requirements completed for *Camping* merit badge.

- _____ **4b)** Help a Scout patrol or a Webelos Scout unit in your area prepare for an actual campout, including creating the duty roster, menu planning, equipment needs, general planning, and setting up camp.
- _____ **5e)** Present yourself to your Scoutmaster with your pack for inspection. Be correctly clothed and equipped for an overnight campout.
- _____ **7b)** Prepare for an overnight campout with your patrol by doing the following: Pack your own gear and your share of the patrol equipment and food for proper carrying. Show that your pack is right for quickly getting what is needed first, and that it has been assembled properly for comfort, weight, balance, size, and neatness.
- _____ **8d)** While camping in the outdoors, cook at least one breakfast, one lunch, and one dinner for your patrol from the meals you have planned for requirement 8c. At least one of those meals must be a trail meal requiring the use of a lightweight stove.
- _____ **9a)** Camp a total of at least 20 nights at designated Scouting activities or events. One long-term camping experience of up to six consecutive nights may be applied towards this requirement. Sleep each night under the sky or in a tent you have pitched. If the camp provides a tent that has already been pitched, you need not pitch your own tent.
- 9b)** On any of these camping experiences, you must do TWO of the following, only with proper preparation and under qualified supervision:
 - _____ **1)** Hike up a mountain, gaining at least 1,000 vertical feet.
 - _____ **2)** Backpack, snowshoe, or cross-country ski for at least 4 miles.
 - _____ **3)** Take a bike trip of at least 15 miles or at least four hours.
 - _____ **4)** Take a nonmotorized trip on the water of at least four hours or 5 miles.
 - _____ **5)** Plan and carry out an overnight snow camping experience.
 - _____ **6)** Rappel down a rappel route of 30 feet or more.

Troop Leader: _____ Signature: _____ Date: _____

Prerequisite requirement forms should be brought to camp the day of the merit badge.



Camp Workcoeman

Cooking Merit Badge Prerequisite Requirement Sign-Off Form

Scout Name: _____ Troop: _____

To Parent or Troop Leadership:

The above Scout is attending a *Cooking* merit badge program at Camp Workcoeman. In order to fulfill badge requirements, there are items which cannot be completed during a three-day program.

Please review and initial those requirements which have been completed by the Scout prior to participation at this event. This verification will be used to identify requirements completed for *Cooking* merit badge.

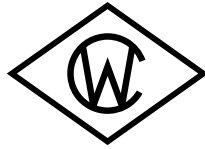
4) Cooking at home.

Do the following:

- a) Using the MyPlate food guide or the current USDA nutrition model, plan menus for three full days of meals (three breakfasts, three lunches, and three dinners) plus one dessert. Your menus should include enough to feed yourself and at least one adult, keeping in mind any special needs (such as food allergies) and how you keep your foods safe and free from cross-contamination. List the equipment and utensils needed to prepare and serve these meals. *[Bring menus and list of equipment/utensils to camp.]*
- b) Find recipes for each meal. Create a shopping list for your meals showing the amount of food needed to prepare for the number of people you will serve. Determine the cost for each meal. *[Bring shopping list and cost breakdown of each meal to camp.]*
- c) Share and discuss your meal plan and shopping list with your counselor.
- _____ d) Using at least five of the 10 cooking methods from requirement 3, prepare and serve yourself and at least one adult (parent, family member, guardian, or other responsible adult) one breakfast, one lunch, one dinner, and one dessert from the meals you planned. The meals for requirement 4 may be prepared on different days, and they need not be prepared consecutively. Those served need not be the same for all meals.
- _____ e) Time your cooking to have each meal ready to serve at the proper time. Have an adult verify the preparation of the meal to your counselor.
- f) After each meal, ask a person you served to evaluate the meal on presentation and taste, then evaluate your own meal. Discuss what you learned with your counselor, including any adjustments that could have improved or enhanced your meals. Tell how planning and preparation help ensure a successful meal. *[Bring written summary of these evaluations to camp.]*

Parent or Troop Leader: _____ Signature: _____ Date: _____

Prerequisite requirement forms should be brought to camp the day of the merit badge.



Camp Workcoeman

First Aid Merit Badge Prerequisite Requirement Sign-Off Form

Scout Name: _____ Troop: _____

To Troop Leadership:

The above Scout is attending a *First Aid* merit badge program at Camp Workcoeman. In order to fulfill badge requirements, there are items which cannot be completed during a two-day program.

Please review and initial those requirements which have been completed by the Scout prior to participation at this event. This verification will be used to identify requirements completed for *First Aid* merit badge.

- 2 (b) 1) Using checklists provided in the First Aid Merit Badge pamphlet or ones approved by your counselor: **Assemble a personal first-aid kit for hiking and backpacking.** Demonstrate the proper use of each item in your first-aid kit to your counselor. *[Bring first-aid kit to camp.]*

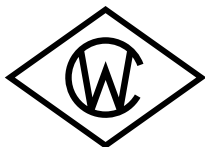
Your kit should include as a minimum the following:

- Adhesive bandages (6)
- Sterile gauze pads, 3-by-3-inch (2)
- Adhesive tape (1 small roll)
- Moleskin, 3-by-6-inch (1)
- Soap or alcohol-based hand sanitizing gel (1 travel size bottle)
- Triple antibiotic ointment (1 small tube)
- Scissors (1 pair)
- Small tweezers
- Nonlatex disposable gloves (1 pair)
- Pencil and paper

- _____ 14) With guidance from your counselor, develop a plan to teach a first-aid skill or topic using the EDGE method. Discuss your skill, topic, and plan with your counselor, and then **teach your skill or topic to your family or to one or more Scouts.** *[Choose a skill in from Tenderfoot, Second Class, or First Class rank requirements.]*

Troop Leader: _____ Signature: _____ Date: _____

Prerequisite requirement forms should be brought to camp the day of the merit badge.



Camp Workcoeman

Lifesaving Merit Badge Prerequisite Requirement Sign-Off Form

Scout Name: _____ Troop: _____

To Troop Leadership:

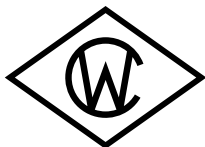
The above Scout is attending a *Lifesaving* merit badge program at Camp Workcoeman. In order to fulfill badge requirements, there are items which cannot be completed during a two-day program.

Please review and initial those requirements which have been completed by the Scout prior to participation at this event. This verification will be used to identify requirements completed for *Lifesaving* merit badge.

_____ **2a)** Earn the Swimming merit badge.

Troop Leader: _____ Signature: _____ Date: _____

Prerequisite requirement forms should be brought to camp the day of the merit badge.



Camp Workcoeman

Oceanography Merit Badge Prerequisite Requirement Sign-Off Form

Scout Name: _____ Troop: _____

To Troop Leadership:

The above Scout is attending a *Oceanography* merit badge program at Camp Workcoeman. In order to fulfill badge requirements, there are items which cannot be completed during a two-day program.

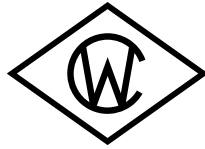
Please review and initial those requirements which have been completed by the Scout prior to participation at this event. This verification will be used to identify requirements completed for *Oceanography* merit badge.

8) Do ONE of the following [*Bring report or speech outline to camp.*]:

- _____ **a)** Write a 500-word report on a book about oceanography approved by your counselor.
- _____ **b)** Visit one of the following and write a 500-word report about your visit.
- (1) Oceanographic research ship
 - (2) Oceanographic institute, marine laboratory, or marine aquarium.
- _____ **c)** Explain to your troop in a five-minute prepared speech "Why Oceanography Is Important" or describe "Career Opportunities in Oceanography." (Before making your speech, show your speech outline to your counselor for approval.)

Troop Leader: _____ Signature: _____ Date: _____

Prerequisite requirement forms should be brought to camp the day of the merit badge.



Camp Workcoeman

Reptile and Amphibian Study Merit Badge Prerequisite Requirement Sign-Off Form

Scout Name: _____ Troop: _____

To Parent or Troop Leadership:

The above Scout is attending a *Reptile and Amphibian Study* merit badge program at Camp Workcoeman. In order to fulfill badge requirements, there are items which cannot be completed during a two-day program.

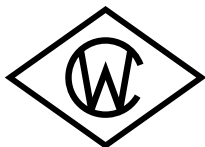
Please review and initial those requirements which have been completed by the Scout prior to participation at this event. This verification will be used to identify requirements completed for *Reptile and Amphibian Study* merit badge.

8) Do ONE of the following:

- _____ a) Take custody of one or more reptiles or amphibians in a manner approved by your counselor. **Maintain one or more reptiles or amphibians for at least a month.** Record food accepted, eating methods, changes in coloration, shedding of skins, and general habits; or keep the eggs of a reptile from the time of laying until hatching; or keep the eggs of an amphibian from the time of laying until their transformation into tadpoles (frogs) or larvae (salamanders). Whichever you chose, keep records of and report to your counselor how you cared for your animal/eggs/larvae to include lighting, habitat, temperature and humidity maintenance and any veterinary care requirements. Unless you are the long-term owner, at the conclusion of this study, turn the animal(s) over to another responsible party approved by your counselor.
- _____ b) Choose a reptile or amphibian that you can observe or foster at a local zoo, aquarium, nature center, local rescue, or other such exhibit (such as your classroom or school). **Study the specimen weekly for a periods of three months.** At each visit, sketch the specimen in its captive habitat and note any changes in its coloration, shedding of skins, and general habits and behavior. Discuss with your counselor how the animal you observed was cared for to include its housing and habitat, how the lighting, temperature, and humidity were maintained, and any veterinary care requirements. Find out, either from information you locate on your own or by talking to the caretaker, what this species eats and what are its native habitat and home range, preferred climate, average life expectancy, and natural predators. Also identify any human-caused threats to its population and any laws that protect the species and its habitat. After the observation period, share what you have learned with your counselor.

Parent or Troop Leader: _____ Signature: _____ Date: ____

Prerequisite requirement forms should be brought to camp the day of the merit badge.



Camp Workcoeman

Scuba Diving Merit Badge Prerequisite Requirement Sign-Off Form

Scout Name: _____ Troop: _____

To Troop Leadership:

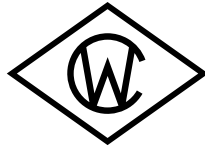
The above Scout is attending a *Scuba Diving* merit badge program at Camp Workcoeman. In order to fulfill badge requirements, there are items which cannot be completed during a four-day program.

Please review and initial those requirements which have been completed by the Scout prior to participation at this event. This verification will be used to identify requirements completed for *Scuba Diving* merit badge.

_____ 2) Before completing requirements 3 through 6, earn the Swimming merit badge.

Troop Leader: _____ Signature: _____ Date: _____

Prerequisite requirement forms should be brought to camp the day of the merit badge.



Camp Workcoeman

Sports Merit Badge Prerequisite Requirement Sign-Off Form

Scout Name: _____ Troop: _____

To Troop Leadership:

The above Scout is attending a *Sports* merit badge program at Camp Workcoeman. In order to fulfill badge requirements, there are items which cannot be completed during a two-day program.

Please review and initial those requirements which have been completed by the Scout prior to participation at this event. This verification will be used to identify requirements completed for *Sports* merit badge.

- 5) Select TWO of the following sports: badminton, baseball, basketball, bowling, cross-country, diving, field hockey, flag football, flag team, golf, gymnastics, ice hockey, lacrosse, soccer, softball, spirit/cheerleading, swimming, tackle football, table tennis, tennis, track and field, volleyball, water polo, and/or wrestling. The sports you choose must include regular practice sessions and at least four structured, officiated, scored games, meets, or contests against other competitive individuals or organized teams during the period of participation.

a) With guidance from your counselor [or coach], establish a suitable personal training program that you will follow throughout your competition season (or for three months).
[Bring training program to camp.]

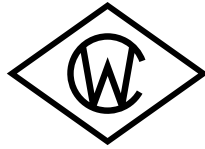
b) Create a chart or other tracking system, and document your training, practice, and development during this time. *[Bring chart to camp.]*

_____ g) Participate in each sport as a competitive individual or as a member of an organized team for one season (or for three months).

h) At the end of the season, share your completed chart with your counselor and discuss how your participation in the sports you chose has affected you mentally and physically

Troop Leader: _____ Signature: _____ Date: _____

Prerequisite requirement forms should be brought to camp the day of the merit badge.



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Weather Merit Badge Prerequisite Requirement Sign-Off Form

Scout Name: _____ Troop: _____

To Troop Leadership:

The above Scout is attending a *Weather* merit badge program at Camp Workcoeman. In order to fulfill badge requirements, there are items which cannot be completed during a two-day program.

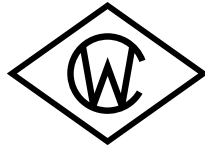
Please review and initial those requirements which have been completed by the Scout prior to participation at this event. This verification will be used to identify requirements completed for *Weather* merit badge.

9) Do ONE of the following:

- _____ a) Make one of the following instruments: wind vane, anemometer, rain gauge, hygrometer. Keep a daily weather log for one week using information from this instrument as well as from other sources such as local radio and television stations, NOAA Weather Radio All Hazards, and Internet sources (with your parent or guardian's permission). Record the following information at the same time every day: wind direction and speed, temperature, precipitation, and types of clouds. Be sure to make a note of any morning dew or frost. In the log, also list the weather forecasts from radio or television at the same time each day and show how the weather really turned out. [Instructions on making a weather instrument can be found in the merit badge pamphlet.]
- _____ b) Visit a National Weather Service office or talk with a local radio or television weathercaster, private meteorologist, local agricultural extension service officer, or university meteorology instructor. Find out what type of weather is most dangerous or damaging to your community. Determine how severe weather and flood warnings reach the homes in your community.

Troop Leader: _____ Signature: _____ Date: _____

Prerequisite requirement forms should be brought to camp the day of the merit badge.



Camp Workcoeman

Wilderness Survival Merit Badge Prerequisite Requirement Sign-Off Form

Scout Name: _____ Troop: _____

To Troop Leadership:

The above Scout is attending a *Wilderness Survival* merit badge program at Camp Workcoeman. In order to fulfill badge requirements, there are items which cannot be completed during a two-day program.

Please review and initial those requirements which have been completed by the Scout prior to participation at this event. This verification will be used to identify requirements completed for *Wilderness Survival* merit badge.

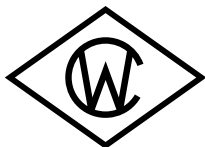
_____ 2) **Put together a personal survival kit** and be able to explain how each item in it could be useful.
[Bring survival kit to camp.]

At minimum, the survival kit should include (see merit badge pamphlet for more information):

- Pocketknife
- First-aid kit
- Extra clothing
- Rain gear
- Water bottle
- Flashlight
- Trail food
- Matches and fire starters
- Sun protection
- Map and compass
- Water treatment tablets

Troop Leader: _____ Signature: _____ Date: _____

Prerequisite requirement forms should be brought to camp the day of the merit badge.



Camp Workcoeman

Wood Carving Merit Badge Prerequisite Requirement Sign-Off Form

Scout Name: _____ Troop: _____

To Troop Leadership:

The above Scout is attending a *Wood Carving* merit badge program at Camp Workcoeman. In order to fulfill badge requirements, there are items which cannot be completed during a two-day program.

Please review and initial those requirements which have been completed by the Scout prior to participation at this event. This verification will be used to identify requirements completed for *Wood Carving* merit badge.

_____ **2a)** Earn the Totin' Chip recognition.

Troop Leader: _____ Signature: _____ Date: _____

Prerequisite requirement forms should be brought to camp the day of the merit badge.