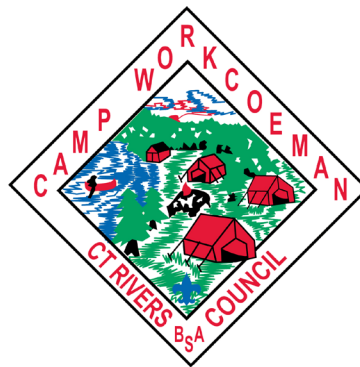




Connecticut Rivers Council, BSA
Boy Scouts of America

CAMP WORKCOEMAN



2012 Summer Camp Program & Leaders' Guide



www.campworkcoeman.org

Welcome to Camp Workcoeman 2012



Dear Scoutmaster,

Welcome to the 2012 summer camp season of Camp Workcoeman! Founded in 1924, boys have experienced the benefits of the summer camp program at this special place with a long tradition of a fun-filled camp program on the shore of West Hill Pond. Camp Workcoeman is one of the longest running camps in the country to offer a summer camp experience to Scouts.

A summer camp experience at Camp Workcoeman will make your Scout troop grow. It is here that the Scouts advance and grow in confidence and skills.

In 2009, a camp study report evaluating the camping programs in Connecticut Rivers Council was compiled by "The Camp Doctor, Inc." The following are statements from the report:

"Good traditional Scout camping needs to survive, for this is where real Scout camping happens... The basic Boy Scout program at Camp Workcoeman was the best of the council's camps."

At Camp Workcoeman our task is to work side-by-side with you to tailor a program that best fits your troop. The staff is ready for this challenge. Once again, many of the old familiar staff veterans will be returning along with new, energetic characters. Many of which come from troops like yours!

Now is the time your troop should begin the process of planning for summer camp. Besides this program guide, the camp website www.campworkcoeman.org, can assist you in finding information about programs, camp arrival procedures, staff contact email addresses and all related camp forms. Comments from leaders about the web site indicate that it is easy to navigate and provides a wealth of information.

This year's theme will celebrate the Olympics. Each campsite will be designated assigned a country. Your Scouts can do pre-camp planning to transform your campsite into a country in the Olympiad.

Please contact us if you have any questions or special requests with your summer camp plans. We are here to help you prepare for a summer camp experience second to none.

All the best for a great Scouting year.

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Camp Workcoeman Program Guide

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Camp Workcoeman Program Guide

Camp Workcoeman is located on beautiful West Hill Lake in New Hartford, Connecticut. Established in 1924, it is one of the oldest continuously operated Scout camps in the country. **For 87 years**, thousands of Scouts and leaders have had unforgettable Scouting experiences at Camp Workcoeman. This fine tradition of Scouting continues today.



The Camp Workcoeman Staff is chosen by a Camp Director with over 30 years experience. The staff is highly skilled and trained with all key staff trained by the Boy Scouts of America at their National Camping Schools. Camp Workcoeman's veteran staff has an impact on a quality program.



The Summer Camp Program at Camp Workcoeman

contains valuable opportunities of skill, advancement and FUN and is available to every troop and Scout. The quality of your troop's summer camp experience rests with you, the Scoutmaster, and your troop's junior leadership. Use this program guide to learn about camp procedures and policies. You will then be able to inform all Scouts and parents. You and your Scouts can collectively select from among the many program opportunities that meet the needs of your troop.

Troop Leadership in Camp The National Council of the Boy Scouts of America requires that each troop must have at least two adult leaders in camp at all times. One of the leaders must be 21 years of age or older while the second leader must be at least 18 years of age. All leaders must have completed Youth Protection Training. These leaders stay at camp free of charge. The cost of any additional leaders is determined by the number of Scouts in your troop at camp. The following table indicates the cost of additional leaders.

# of youth per program	# of free leaders	Each additional adult
1 - 10	2	\$90
11 - 20	3	\$90
21 - 30	4	\$90
31 - 40	5	\$90



Pre-Camp Information

Pre-Camp Program Planning

Two pre-camp planning meetings are scheduled for your troop leadership to meet with key members of the camp staff and develop a program that meets your needs. **Your CAMP SCOUTMASTER and SENIOR PATROL LEADER are urged to attend ONE of these meetings.** You will also be given information regarding camp policies, medical form and related health information as well as procedures for your Sunday arrival and check-in. A visit to your campsite is possible with a Camp Commissioner.

Camp orientation meetings are scheduled for:

***Saturday, May 12
or
Saturday, June 9***

***both beginning at 1:30 PM
in the Camp Workcoeman
dining hall.***



Pre-Camp Troop Activity and Merit Badge Sign-up

Your troop can sign up for merit badges prior to camp by completing the **Pre-Camp Merit Badge Sign-up Online Form** found on the Camp Workcoeman website. You can also use the “Camp Forms” section of this guide or by using the **Merit Badge Sign-Up Spreadsheet**. You should mail this form to the camp, or email your troop’s selections to the Program Director. Merit badge selections should be sent **at least 3 weeks prior to your week at camp.**

You should also send a list of **Troop Activities** to camp to the attention of the Program Director. We will develop a schedule for your troop from the list sent. Please understand that we will make every effort to schedule your desired troop activities. Some activities are in high demand and we want to be fair to everyone. Be sure to use the **“Pre-Camp Preparation Form”** included in this guide.

Staff resources are allocated based on sign-ups done ahead of time. As a result, some programs might not be available without pre-camp sign-ups.

Camp Medical Form Information

Who Needs a Completed Medical Form?

**** All Scouts and adults MUST have a medical examination dated within the last 12 months prior to arrival at camp. The form must be signed AND DATED by a licensed physician.**

Be sure to use the Medical Form, Medication Authorization Form and Allergy Treatment Plan found in the Forms Section of this guide or on the camp website.

Those adult leaders staying less than a cumulative 24 hours do not need to have a physical examination however sections A, C & D of the medical form must be completed. Leaders using this option are restricted from participating

Check the following items *BEFORE* submitting all Medical Forms:



- **IMMUNIZATION SECTION**, with latest tetanus date.
 - **Be sure that all personal information, including emergency phone numbers and insurance information is current and accurate.** If parents will be away while the Scout is at camp, be sure a person who can make decisions for the child is listed. It is recommended to include a copy of both sides of your insurance card.
 - **ALL MEDICATIONS, INCLUDING OVER-THE-COUNTER, REQUIRE WRITTEN DOCTOR'S ORDERS**
Use the "Authorization for Medication" form for EACH medication required. This form is found in the Forms Section of this guide or download a form from www.campworkcoeman.org.
This form MUST be signed by BOTH the medical practitioner AND a parent.
 - **All medications must be in original pharmacy containers.** They must be given to the Health Officer during your assigned medical check-in time. This includes any non-prescription medications such as Claritin or vitamins. Be sure that Scouts bring only the quantity of medication required for the time they will be at camp. Inhalers and epipens used for emergency conditions may be carried by the camper with a pharmacy label, and appropriate orders after they are logged in by the camp Health Officer.
- ** No medications maybe kept by, or administered to Scouts by an adult leader unless the leader is the parent of the Scout. Otherwise, the Camp Health Officer is the only designated person to dispense medications.**
- A school physical form is acceptable BUT a BSA form with Parts A, C & D must be completed and accompany the school form.

Upon arrival, all Scouts and leaders must fill out a medical survey. The survey form is found in the "Camp Forms" section of this guide. These surveys are to be turned in to the Health Officers during your Sunday medical check-in. You will be given a time for your Sunday check-in with the Health Officers. Failure to follow this procedure will negatively effect the check-in schedule of all troops in camp.

All Medical Forms should be sent to camp at least 3 weeks prior to your week at camp. Please include a roster of those Scouts and Leaders attending camp when sending medical forms.

Our Health Officers will review them and contact you with any problems that are found. Please mail them at least 3 weeks prior to your week of camp to:

**Camp Workcoeman
169 Camp Workcoeman Rd.
New Hartford, CT 06057 Att: Camp Nurse**

Do not fax your forms to camp!

General Camp Information

Mail

Mail is received at camp and distributed daily. Outgoing mail is brought to the post office on a daily basis too. Stamps are available in the Trading Post. Incoming mail should be addressed as follows:

Camp Workcoeman
169 Camp Workcoeman Rd.
New Hartford, CT 06057
Scout's Name _____ Troop # _____
Campsite _____



Telephone

Scouts are not permitted to bring cell phones to camp. The cell service is very limited and charging is not available. Any important incoming messages can be made to the Camp Director's phone.

Phone: 860-379-2207 Fax: 860-379-1311

Parking/Automobile Use

No vehicles may be taken into campsites, program areas or on camp roads. Please see the Camp Director or Ranger if you must have any need for the use of a vehicle to your campsite. Parking will be in designated areas only. **No passengers are ever to ride in the back of trucks.**

All vehicles are required to have a parking permit displayed on the dash board while in camp. ALL leaders and visitors must display this permit. Parking Permits can be obtained in the camp

Wrist Bands

All campers, leaders, staff, and visitors must wear a wrist band. Visitors must check-in at the camp office to obtain a wrist band.

Check-in/Check-out and Visitor Procedures

Anyone arriving or departing camp after Sunday check-in **MUST** sign in or out at the Camp Office. This includes any temporary leaders and **ALL VISITORS**. Visitor meal costs are: Breakfast-\$4.00, Lunch-\$5.00, Dinner-\$6.00. Meal tickets are available in the camp office before meals.

Any Scout leaving camp during the week for any reason with someone other than their parent or guardian must complete a special permission form. See the "Camp Related Forms" section of this guide for a sample of this form. This form must be completed and submitted at the time of arrival.

***If your troop leadership will change during the week, please submit a list of names and a day/time schedule for leader rotation. Please submit this list to the camp office or at the Sunday leaders meeting.**

Troop Photos

Troop photos will be taken each week on Tuesday before and after lunch. A photo order form can be found in the "Camp Forms" section of this guide. Orders and money for photos are due in the Camp Office by Tuesday noon. Photos will be delivered to camp by Friday night and will be distributed Saturday morning. The cost of an 8x10 photo is \$10. Please be sure that all checks are made out to: *Connecticut Rivers Council, BSA*.

Lanterns, Stoves and Fuels

Stoves and lanterns using liquid and propane fuels are permitted provided they are used in compliance with BSA policy as detailed in the "Guide to Safe Scouting". The following are segments of the policy that must be followed:

- Scouts or youth visitors under the age of 18 may not fuel or refuel any stoves, lanterns or appliances on CRC property.
- A quantity of liquid fuel not to exceed 32 ounces per appliance may be kept in a "Sigg type" container, stored in accordance with National BSA Policies and never in tents or buildings. Any fuel in excess of this amount is to be turned over to the Camp Ranger for proper storage.

No candles, lanterns or other flames are permitted in tents at any time!

Fire Safety

Campfires are permitted ONLY in the fire pit in your campsite and should never be left unattended. Proper methods to extinguish fires should be available at all times. When the fire is out cold, stack partially burnt wood near the pit for future use. Disposing of cold ash should be done regularly. This can be arranged through the Commissioners or the Scoutcraft staff. It is not necessary to bring wood from outside sources onto the camp property.

** Please do not cut down any trees. All necessary wood can be found on the ground.*

Dining Hall Conduct

All meals are served family style and use the host system. Every table in the dining hall should have **at least one adult sitting with the Scouts**. Adults ensure proper table manners, safety and Scout-like behavior.

Troop Leader Assistance

Troop leaders hold a wealth of information and are a great source of assistance to the staff. You are asked to share your talents in a particular program area. Please complete the *Adult Resource Form* in the *Camp Related Forms* section of this guide and return it to the Program Director.

Commissioner Service - "Your Source For Help at Camp"

The Camp Workcoeman Commissioners are here for any assistance to your troop while at camp. Program changes, campsite needs & repairs, as well as any special requirements are all ways that we can make your stay at camp as best it can be. *Each morning before reveille, the Commissioners will visit your campsite to bring coffee and deliver your daily copy of the "Chief Tunxis Times."*

Daily Campsite Visitations

A Scout is Clean. While your boys are at morning merit badge sessions, the Commissioners will visit your campsite. A colored feather will be placed in the tent that is best arranged and tidiest. The top three scores will be announced during lunch in the dining hall. A sample visitation rating sheet will be distributed at the Sunday afternoon leaders meeting. The Commissioners will visit with leaders to address any health and safety concerns and will be looking for top notch, clean campsites.

Directions to Camp Workcoeman

Camp Workcoeman is located off West Hill Road in New Hartford. From the south (Middletown, Waterbury, etc.) take Route 8 North to the Pinewoods Road Exit 46. Take a right at the end of the exit ramp past the Cornucopia Banquet Hall to the intersection of Route 183. Go left on Route 183 and take the next right onto West Hill Road. Follow the signs to Camp Workcoeman from there.

From the Hartford area, follow Route 44 to Winsted. Go left onto Route 183 and take a left onto West Hill Road. Follow the signs to Camp Workcoeman from there.

Damage to Camp Property and Equipment

The cost of camp equipment such as tents, mattresses, bunks, campsite tables is quite expensive. For any camp property that is deliberately damaged, lost, or stolen, the unit will be charged for the cost of repair or replacement.

Camp Disciplinary Policy

The Scout Oath and Law is the basis for the conduct of Scouts, leaders, and staff in camp. Scouts who display improper conduct will be asked to leave camp immediately with their parents. Troop leaders will be informed by the camp staff of any Scouts displaying misconduct. The following are examples of conduct that will result in the expulsion of an individual from camp: deliberate injury to another person, theft, vandalism, fighting, and the use of alcohol or drugs.

Prescription and over-the-counter medications are under the control of the Camp Health Officer. Improper use of drugs is strictly prohibited. Possession or use of alcohol and the improper use of drugs will result in the expulsion from camp and referral to law enforcement agencies.



Sunday Check-in Procedures

Check-in Begins at 2:00 P. M.

-Immediately Upon Arrival-

1. The Scoutmaster must check in with the Camp Director BEFORE going to your campsite. *No Scouts will be allowed in the campsite until the Scoutmaster arrives and checks in with the Camp Director.*

You will need to submit the following:

- An accurate roster of Scouts and leaders in camp. This list should include any leaders rotating during the week with names and times of arrival and departure.
 - All payment balances due for Scouts and extra leaders should be paid prior to camp. Payments for last minute additional Scouts and extra leader fees must be paid upon arrival.
2. All Scouts will be directed to their campsites to check-in with their leaders. Be sure to inform the camp administration if you plan to gather Scouts and parents in a location other than your campsite.

You will receive an assigned time for your medical check-in with the nurse.

Please arrive at the parade ground pavillion at your assigned time with completed Medical Screening Forms for all Scouts and Adults. Any Scout with medications should check-in with the leader including those with orders to self-carry such as inhalers. It is best if a parent of a Scout who will have medication in camp attends check-in with the nurse.

**If medical forms are incomplete or not submitted ahead of time, you will have to wait until the end of check in to see the nurse.*

3. A Camp Staff Guide will be assigned to your troop to assist you and your Scouts with all check-in procedures.

Sunday After Check-in

4:00 Scoutmaster Meeting in the Dining Hall

Here you will receive information from the Camp Commissioners, the number of waiters that you will need for meals and updates from the Program Director. At least one leader from each troop must attend this meeting.



5:40 Parade Ground for Camp-wide Retreat and Staff Introductions

6:00 Dinner

AFTER DINNER....

7:30 Camp Orientation - A review of Aquatic, Shooting Sports, COPE and General Camp Rules will be given at specific locations to be announced.

A **Merit Badge Sign-Up Session** will be held outside the Dining Hall for any last minute changes. Merit badge books will be on sale in the Trading Post.

8:30 Opening Campfire hosted by the Camp Staff



Saturday is Family Day at Camp Workcoeman

COURT OF HONOR



The Campwide Court of Honor & Awards Presentation will be conducted in the council ring and begins at **11:00 AM**. Advancement and other awards, some goofy, as well as the **CLASS "A" TROOP** will be presented at this time.

FAMILY BAR-B-QUE



Our **Family Bar-B-Que** will follow in the Dining Hall for all Scouts, Scouters, parents and visitors with reservations. **Serving time is approximately 12:00 noon**. Reservations are required for all visitors. Be sure to submit your "BAR-B-QUE RESERVATIONS FORM" (found in the back of this manual) by Tuesday. The cost for family and visitors is \$8 for adults and \$5 for children ten and under.

***Don't forget to visit the Trading Post** for all of the goodies that you've had your eyes on all week. Don't forget to get those Scout badges like Mile Swim, Lifeguard BSA as well as camp patches, shirts, hats and more.*

CHECK-OUT PROCEDURE

The Commissioners will distribute to all troops a Campsite Check-out form. Please complete the form and return it to the office before the Court of Honor at 11 AM.

**PLEASE BE SURE THAT ALL TENT FLAPS ARE DOWN
AND BUNKS ARE MOVED TO THE CENTER OF EACH TENT!**

- Bring all trash to the dumpster near the Ranger's Shop
- Latrine is cleaned and ready for the next troop
- Medications may be picked up from the nurse Saturday morning after breakfast
- Bring to the camp office your evaluation forms and any other business forms or borrowed items
- **Be sure that you have reserved a campsite for 2013 online before you depart.**

The Merit Badge Program

Your troop can sign up for merit badges by completing the **Pre-Camp Merit Badge Sign-up Form** found in the “Camp Forms” section of this guide or by using the **Merit Badge Sign-up spreadsheet** available on the Camp Workcoeman website. You may mail a copy to the camp, email your troop’s selections to the Program Director, or deliver the information at the pre-camp meeting. Please make sure your merit badge selections are sent to the camp at least *two weeks* prior to your arrival at camp.

GENERAL GUIDELINES

It is suggested that Scouts who have not attained the First Class rank utilize the “*Tenderfoot’s Compass Program.*” One part of this program will have younger Scouts take Swimming Merit Badge. Earning it opens the door to many challenging aquatic opportunities.

A limit of 3 merit badges is recommended for Scouts, especially if difficult badges are being considered. If the advancement load of a Scout is too heavy, an otherwise fun week becomes one of disappointment.

Advancement is one of eight methods of Scouting. ****Don’t overload advancement at the expense of patrol and troop activities.****

PRE-CAMP PREPARATIONS

Some merit badges offered at camp may have prerequisites while others require double time sessions for completion at camp. The information in the following pages details the times at which merit badges are offered as well as information that should be considered when making merit badge selections.

The merit badge counselors have identified activities appropriate for Scouts with different experience levels and listed necessary prerequisite merit badge requirements that cannot be completed at camp. Scoutmasters and Scouts should review badge requirements ahead of time to make sure each Scout is signed up for ability appropriate merit badges and comes to camp with necessary materials.

We want Scouts to have an enjoyable time at camp and come away from the week with a feeling of accomplishment having earned merit badges towards which they have worked. The Workcoeman counselors encourage you to use your experience as a Scoutmaster to guide your unit towards a successful and fun week at camp!



Merit Badge Time Schedule

Merit badge instruction is held during morning periods and by special arrangement during Siesta and various other times.

Program Area	9:15	10:15	11:15	Siesta
Ecology/ Conservation All meet at <i>Henry Griffin Nature Lodge</i>	Oceanography Soil & Water Conservation Environmental Science (for Scouts 14+) Environmental Science - Double Session (for Scouts age 13 and younger)	Fish & Wildlife Management Geology Plant Science	Forestry Nature Weather Fishing	Astronomy (8pm) Bird Study Mammal Study Reptile & Amphibian Study Insect Study
Scoutcraft All meet at the Sturge Shields Camp Craft Area	Camping Pioneering Orienteering	Orienteering Geocaching Wilderness Survival	Camping Pioneering Wilderness Survival	
Aquatics All meet at the Waterfront	Canoeing Swimming	Canoeing (Swimming for Tenderfoot's Compass Program only) Small Boat Sailing - Double Session	Rowing Swimming Double Session	Snorkling BSA Kayaking BSA
Shooting Sports All meet at the Shooting Ranges	Rifle Shooting Archery	Rifle Shooting Archery	Shotgun Shooting Archery	
Field Sports All meet at the Activities Field	Athletics Personal Fitness	Athletics Sports	Personal Fitness Sports	
Handicraft All meet at the Chapel	Leatherwork Woodcarving	Basketry Woodcarving	Leatherwork Metalwork	Art Indian Lore Space Exploration
Others		Climbing First Aid (Meets in the Dining Hall)	Climbing Scouting Heritage	Project COPE M-Th 1:30-3:30

All merit badge times are subject to change due to staff and equipment limitations. Any changes will be disclosed at the leader orientation meetings and will be posted on the website.

For up-to-date information, contact Program Director: Tom Leisten at tleisten@campworkcoeman.org

Merit Badge Info Guide

The following information suggests difficulty levels appropriate for a Scout's experience at camp. Prerequisites are requirements that **cannot** be met at camp. **Please see the Camp Workcoeman website for up-to-date prerequisite information.** (E) Indicates an Eagle required merit Badge.

Ecology and Conservation

Environmental Science (E)



Times: 9:15 – 10:00 – Scouts 14+ years
 9:15 – 11:00 – Scouts less than 13 years
 Location: Henry Griffin Nature Center
 Prerequisites: None
 Recommended for 3rd year campers or older

Astronomy



Times: 8:00 – 8:45 pm and other times for observations
 Location: Henry Griffin Nature Center
 Prerequisites: #6
 Recommended for 2nd year campers or older

Bird Study



Times: By appointment during Siesta
 Location: Henry Griffin Nature Center
 Prerequisites: None
 Recommended for 3rd year campers or older

Fish and Wildlife Management



Times: 10:15 – 11:00
 Location: Henry Griffin Nature Center
 Prerequisites: None
 Recommended for 2nd year campers or older

Fishing











Times: 11:15-12:00
 Location: Henry Griffin Nature Center
 Prerequisites: None
 Recommended for 2nd year campers or older








Forestry










Times: 11:15 – 12:00
 Location: Henry Griffin Nature Center
 Prerequisites: None
 Recommended for 2nd year campers or older

<p>Geology`</p> 	<p>Times: 10:15 – 11:00 Location: Henry Griffin Nature Center Prerequisites: None Recommended for 2nd year campers or older</p>
<p>Insect Study</p> 	<p>Times: By appointment during Siesta Location: Henry Griffin Nature Center Prerequisites: None Recommended for 3rd year campers or older</p>
<p>Mammal Study</p> 	<p>Times: By appointment during Siesta Location: Henry Griffin Nature Center Prerequisites: None Recommended for all Scouts</p>
<p>Nature</p> 	<p>Times: 11:15 – 12:00 Location: Henry Griffin Nature Center Prerequisites: None Recommended for all Scouts</p>
<p>Oceanography</p> 	<p>Times: 9:15 – 10:00 Location: Henry Griffin Nature Center Prerequisites: None Recommended for 3rd year campers or older</p>
<p>Plant Science</p> 	<p>Times: 10:15 – 11:00 Location: Henry Griffin Nature Center Prerequisites: None Recommended for 3rd year campers or older</p>
<p>Reptile & Amphibian Study</p> 	<p>Times: By appointment during Siesta Location: Henry Griffin Nature Center Prerequisites: #8 Recommended for 3rd year campers or older</p>
<p>Soil & Water Conservation</p> 	<p>Times: 9:15 – 10:00 Location: Henry Griffin Nature Center Prerequisites: None Recommended for 2nd year campers or older</p>

Weather 	Times: 11:15 – 12:00 Location: Henry Griffin Nature Center Prerequisites: None Recommended for all Scouts
Scoutcraft	
Camping (E) 	Times: 9:15 – 10:00, 10:15 – 11:00, 11:15 – 12:00 Location: Sturge Shields Campcraft Area Prerequisites: #4b, #5e, #6b, #9a, #9b Recommended for 3rd year campers or older
Geocaching 	Times: 10:15 – 11:00 Location: Sturge Shields Campcraft Area Prerequisites: #7 Recommended to have completed Orienteering merit badge
Orienteering 	Times: 9:15 – 10:00 Location: Sturge Shields Campcraft Area Prerequisites: None Recommended for all Scouts
Pioneering 	Times: 9:15 – 10:00, 10:15 – 11:00 Location: Sturge Shields Campcraft Area Prerequisites: None Recommended for 2nd year campers or older
Wilderness Survival 	Times: 10:15 – 11:00, 11:15 – 12:00 Location: Sturge Shields Campcraft Area Prerequisites: #5 Recommended for 3rd year campers or older
Aquatics	
Lifesaving (E) 	Times: 9:15 – 11:00 Location: Waterfront Swimming Area Prerequisites: Successful completion of the BSA swimmer test Recommended for strong swimmers having already completed Swimming Merit Badge
Swimming (E) 	Times: 9:15 – 10:00, 11:15 – 12:00 (The 10:15 session is reserved for the Tenderfoot's Compss Program only) Location: Waterfront Swimming Area Prerequisites: None Recommended for all Scouts

<p>Canoeing</p> 	<p>Times: 9:15 – 10:00, 10:15 – 11:00 Location: Waterfront Boating Area Prerequisites: Successful completion of the BSA swimmer test Recommended for 3rd year campers or older</p>
<p>Rowing</p> 	<p>Times: 11:15 – 12:00 Location: Waterfront Boating Area Prerequisites: Successful completion of the BSA swimmer test Recommended for 2nd year campers or older</p>
<p>Small Boat Sailing</p> 	<p>Times: 10:15 – 12:00 Location: Waterfront Boating Area Prerequisites: Successful completion of the BSA swimmer test Recommended for 3rd year campers or older</p>
	<h2>Shooting Sports</h2>
<p>Archery</p> 	<p>Times: 9:15 – 10:00, 10:15 – 11:00, 11:15 – 12:00 Location: Archery Range Prerequisites: None Recommended for 2nd year campers or older</p>
<p>Rifle Shooting</p> 	<p>Times: 9:15 – 10:00, 10:15 – 11:00 Location: Shooting Range Prerequisites: None Recommended for 3rd year campers or older</p>
<p>Shotgun Shooting</p> 	<p>Times: 11:15 – 12:00 Location: Shooting Range Prerequisites: Must be age 13</p>
	<h2>Handicraft</h2>
<p>Basketry</p> 	<p>Times: 10:15 – 11:00 Location: Handicraft Chapel Prerequisites: None Additional material costs at the Trading Post (\$11-\$22 depending on the project kit) Recommended for all Scouts</p>

<p>Leatherwork</p> 	<p>Times: 9:15 – 10:00, 11:15 - 12:00 Location: Handicraft Chapel Prerequisites: None Additional material costs at the Trading Post (\$4-\$8 kit cost) Recommended for all Scouts</p>
<p>Woodcarving</p> 	<p>Times: 9:15 – 10:00, 10:15 – 11:00 Location: Handicraft Chapel Prerequisites: Totin' Chip Card Additional material costs at the Trading Post (about \$3 kit cost) Recommended for 2nd year campers and older</p>
<p>Art</p> 	<p>Times: By appointment during Siesta Location: Handicrafts Chapel Prerequisites: #4 Recommended for all Scouts</p>
<p>Indian Lore</p> 	<p>Times: By appointment during Siesta Location: Handicraft Chapel Prerequisites: None Recommended for 2nd year campers and older</p>
<p>Metalwork</p> 	<p>Times: 11:15 – 12:00 Location: Handicraft Chapel Prerequisites: None Additional material costs at the Trading Post (about \$15 kit cost) Recommended for 3rd year campers and older</p>
<p>Space Exploration</p> 	<p>Times: By appointment during Siesta Location: Handicraft Chapel Prerequisites: None Additional material costs at the Trading Post (about \$11 kit cost) Recommended for 2nd year campers and older</p>
Field Sports	
<p>Personal Fitness (E)</p> 	<p>Times: 9:15 – 10:00, 11:15 – 12:00 Location: Sports Field Prerequisites: #1, #8 Scouts must be prepared with proper footwear and clothing Recommended for 2nd year campers and older</p>

Achievement Awards & Recognitions

BSA Lifeguard



This aquatics certification is available to both Scouts and leaders. Candidates must spend 3 morning merit badge sessions and additional time in the afternoon. CPR certification is required and it is recommended to come to camp with this requirement completed. Participants must be at least 15 years old per BSA requirement and have strong swimming ability and watercraft proficiency.

Mile Swim, Snorkling and Kayaking BSA



These National Awards are available to Scouts and Scouters. Qualifications and actual times for practice and instruction will be announced at camp.

Polar Bear Swimmer



Imagine waking from a restful night's sleep to "plunge" into beautiful West Hill Lake before reveille. Your troop is welcome every morning to do just that! You'll be surprised how many other Scouts and leaders will be there too! You'll receive a special Polar Bear patch if you attend 4 out of 5 days during the week!

Paul Bunyan Woodsman Award



This award recognizes advanced axemanship and is offered by the Scoutcraft staff by appointment. Contact anyone in the Scoutcraft area to arrange a time.

Iron Man Challenge



A great test of a Scouts strength and endurance is the Iron Man Challenge. Scouts must swim one mile, run 2 miles, and canoe 2 miles. The tests are conducted at various times during the week and a special patch is awarded at the Saturday Court of Honor to all "Iron Men!"

CW GeoScouting Award



Learn about Camp Workcoeman's heritage through our **Historical Geocaching Program**. This multi-point course employs basic GPS skills and participation is open to Scouts and Scouters; please ask the Scoutcraft Staff for more information.

The Tenderfoot's Compass Program

-Introducing young Scouts to what Scouting is all about-



Formerly known as the Scout Skills Program, the Tenderfoot's Compass program is designed for first year and all young Scouts new to the summer camp experience. By participating in the program, Scouts are introduced to camping at Workcoeman, have the opportunity to learn cooperatively using the patrol method, learn about the history of Scouting, and can even complete Swimming Merit Badge.

Program Highlights

- Patrol based activities at each program area
Show the Scouts what they have to look forward to in years ahead
- Cooperative patrol learning
Scouts develop and reinforce skills with their friends
- Scout skills instruction
learn how to be a true Boy Scout
- Swimming Merit Badge
Multiple counselors providing individualized instruction
- Rank requirements
Skill development so Scouts can work towards Tenderfoot, 2nd Class, and 1st Class ranks



Scouts spending their week in Tenderfoot's Compass will meet for all three periods of the morning merit badge sessions. The program is divided into three portions:

- 9:15-10:00 – Scouts learn about camp and essential skills necessary for rank advancement
- 10:15-11:00 – Participants meet at the waterfront for Swimming Merit Badge – this swimming class is only open to Scouts in the Tenderfoot's Compass program
- 11:15-12:00 – Scouts meet in the program area for skill instruction and patrol competition

The patrol method is an integral component of Scouting. During the week, Scouts will be learning and practicing skills within patrols composed of Scouts of their own and other troops. The teamwork and cooperative spirit will be an experience that Scouts can bring back to their own troops.



All Scouts participating in the Tenderfoot's Compass Program will receive a special patch!

Enroll your new Scouts into Tenderfoot's Compass. It will be an adventure that defines their Scouting experience for years! ✦

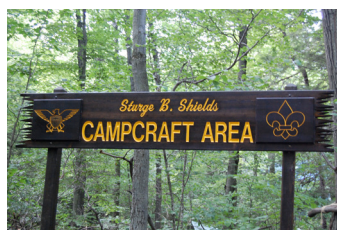
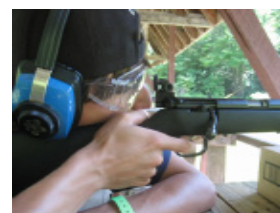
Program Area Highlights

Waterfront.... The waterfront at Camp Workcoeman is the finest in the council! It has all the facilities for the best aquatic programs. The camp's fleet of boats and canoes includes many varieties of sail boats for beginners and experts. West Hill Pond is also a great place to try your hand at sailing and kayaking. The swimming opportunities are superb, offering a world of water fun and knowledge always under the utmost safety. Mile Swim, Snorkeling BSA, Kayaking BSA, and Life Guard BSA are among the special awards instructed by our trained aquatics staff.



Ecology/Conservation.... Camp Workcoeman is the location of the Henry Griffin Nature Lodge. It is the center of the outdoor laboratory for all of its programs, an excellent demonstration area and example of wilderness management. Many displays and activities let Scouts experience the need for nature and conservation. Come see all of the live exhibits in the Nature Lodge.

Shooting and Field Sports.... This is the camp's center for fitness development. Activities are inter-troop, patrol and individually centered. Our basketball court is a real hit. Rifle and shotgun shooting are always popular activities. Muzzle loading rifle shooting is a great part of the Shawtown Wilderness Trek for older Scouts.



Scoutcraft.... The Sturge Shields Scoutcraft area offers patrols and troops a wide variety of programs, each of which seeks to encourage self-reliance, resourcefulness to develop skill sets, and foster an appreciation of the outdoors, while having fun. The Scoutcraft Staff offers some unique awards such as the Paul Bunyan Award and specialized training for troop leaders such as Trek Safely. Scoutcraft encompasses the Sturge B. Shields Campcraft Area and the Scout Skills Area, both of which are located at the start of the Red Trail. The Scout Skills Area gives boys the opportunity to learn the skills that are at the core of the Scouting program. The Campcraft area provides many demonstrations which show Scouts the techniques of camping, ranging from hiking to advanced survival.

Handicraft.... The Handicraft Area offers a choice of formal or informal programs for those Scouts who would like to try their hand at a specific craft. The Trading Post carries a large variety of craft supplies in addition to materials on hand in the Handicraft Pavilion. You are always welcome to bring your own supplies and finished work to show others.



Climbing and Rappelling.... This 3 sided, 32' tall rock climbing wall is for Scouts who want to test their strength and ability. "The Wall" is located at the Activities Field where Scouts are shown the proper use of technical climbing equipment, including climbing harnesses, ropes and belay devices.

Troop Activity Suggestions

The following is a list of fun program activities that your troop can consider when planning your afternoon and evening camp program. They are listed by program and are simply a list of suggestions. Please don't hesitate to ask for any assistance with any other programs not listed here.

WATERFRONT

Huck Finn Tube Ride (out of camp) *additional charge

Swimming Instruction

Under Water Nature Hike

Team Canoe Hike

Water Polo

Watermelon Polo

Funyaking

Kayak Hike

"Moby Dick"

Troop Swim/

"THE MAT"



SHOOTING SPORTS

Rifle Shoot

Shotgun Shoot

Action Archery

Target Archery

FIELD SPORTS

Basketball Softball

Volleyball Whiffle ball

Soccer Earth Ball

Ultimate Frisbee

Capture the Flag

CLIMBING & RAPPELLING

Evenings 7:00-8:00 only

HANDICRAFT

(May require items available in the Trading Post)

Woodcarving & Whittling

Leatherworking

Troop Plaque Painting

Neckerchief Slides

Scout Staves



Scoutcraft

Advanced Pioneering

Advanced Fire Tech

Basics of Splicing

Box Oven Basics

Camp Stove Baking

Compass Challenge Course

Cooking Without Cookware

Dutch Oven Essentials

Fundamentals of Foil

GeoScouting

Sweat Lodge

Leave No Trace Orientation

Primitive Fire Building

Rope Making

Basic Knots

Campfire Basics

Campsite Selection

Compass Skills

Stove Safety

Survival Techniques

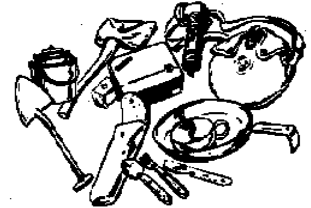
Tomahawk Throw

Turks Head Kerchief Slides

Water Treatment on the Trail

Wok Cookery

Menu Planning



Many Scoutcraft activities can be conducted in your troop's site. Arrangements for this can be made with the Scoutcraft Director

ECOLOGY/CONSERVATION

Underwater Nature Hike

Edible Plant Hike and Bite

Nature Trail Hike

Conservation Projects

Star Gazing

Nature Games

Night Hike

Troop Fishing

Island Ecology - Double session

Project COPE



Project COPE is a national program of the Boy Scouts of America. COPE stands for “**Challenging Outdoor Personal Experience.**”

The program is comprised of group initiative games, trust events, low-course events, and high-course events. Some activities involve group challenge while others develop individual skills and agility. Participants climb, swing, balance, jump, rappel, and devise solutions to a variety of problems. Most participants achieve much more than they imagined they could.

As a non-competitive program, Project COPE permits every participant to achieve their personal best!

Group activities are ideal for enhancing the leadership and teamwork of Scout units. Activities challenging individuals can also be used to bolster self-esteem and promote personal growth.

Project COPE emphasizes eight major goals:

- | | | | |
|--------------------------|---------------------|-------------------|--------------------------|
| • <i>Communication</i> | • <i>Planning</i> | • <i>Teamwork</i> | • <i>Problem Solving</i> |
| • <i>Decision Making</i> | • <i>Leadership</i> | • <i>Trust</i> | • <i>Self- Esteem</i> |

Project COPE Schedule

Monday thru Thursday from 1:30-3:30 pm.

Participants must be 13 years of age. It is highly recommended that participants be in a leadership position within their individual units.

Program Outline:

Monday- Initiative games that challenge communication, develop teamwork and trust

Tuesday and Wednesday- Low-course elements

Thursday- High-course elements



Open Climbs: 4:00 Monday & Wednesday

Weekly Contests

Camp Workcoeman Fishing Derby - Each week a camp-wide fishing derby will be held. Scouts should have their fish measured at the waterfront. We encourage catch and release. The Scout that catches the biggest fish will be presented a prize.

Sailing Regatta Race - This will take place on beautiful West Hill Pond during each week of the camp season. Each troop is eligible to enter one (2 man) team on a first come, first serve basis. A special award will be presented at the Saturday Court of Honor to the winning skipper and first mate.



Water Polo Tournament - Held during the Wednesday Campwide Activities session, all troops are invited to assemble a team to compete in this action-packed competition.

Shooting Tournaments - Each week archery and rifle shooting tournaments are scheduled for all the camp "Sharp Shooters." Various times are scheduled throughout the week.

Scavenger Hunt - You never know what you can find at Camp Workcoeman! The hunt runs all week and is coordinated by the Nature Lodge. A special ribbon is presented to the winner.

Become a Workcoeman CLASS "A" TROOP!

This is a weeklong opportunity for all troops to work toward earning Class "A" status. Being recognized as a Workcoeman Class "A" Troop is a mark of full participation in nearly all camp programs from those listed below. All troops completing the requirements will earn this distinction and will be listed on a special "Class A Honor Board". Troops will also be recognized at the Court of Honor where they will receive a ribbon and plaque and each Scout receives a shoulder patch.

During the week, any troop that meets a minimum standard of points in various camp-wide activities will have the distinction of being named a Camp Workcoeman Class "A" Troop

Those camp wide activities are as follows:

- | | |
|--------------------------------------|---------------------------------|
| 1. Daily Campsite Visitation results | 5. Camp-wide Game |
| 2. Flag Ceremony Appearance | 6. Program Area Challenges |
| 3. Veteran Camper Awards | 7. Patrol Competition |
| 4. Nature Scavenger Hunt | 8. Religious Service Attendance |



Bonus Points will be awarded to those troops participating in the Wednesday campsite cooking event.

Order of the Arrow...

OA members are encouraged to bring their sashes with them to camp and wear them on OA day. An OA service project will be conducted and all members are asked to participate. This can be used for credit on the Veteran Camper Award. Brotherhood Ceremonies will also be conducted each week for those Ordeal members wishing to advance their OA membership. A special crackerbarrell is planned for Order of the Arrow members on Wednesday at 9 PM in the campfire circle. This is a great time to share lodge and chapter customs or otherwise socialize with OA members.



2012 Program Theme

The spirit of the Olympics comes to
Camp Workcoeman!



Start warming up; this year come celebrate the 2012 London Olympics done Workcoeman style. Your week at camp will be marked with experiences and challenges that strengthen the teamwork between your Scouts and develop their confidence and skills as they compete and overcome trials of the games.

Each campsite will be designated a specific country that will serve as your representation to the Workcoeman games. Your Scouts will put their skills and determination to the test with a variety of games and activities that tie in the Olympics to Scouting fundamentals.



There will be songs, skits, games, and competitions! Your troop can further participate by decorating your campsite with country specific props, history, culture, and anything else to bring out the spirit of the Olympics. Stay tuned to find out what your campsite country will be!

What to Bring to Camp

CLOTHING AND BEDDING

complete Class A Scout uniform
comfortable hiking shoes
extra shorts or pants and shirts
daily change of underwear
daily change of socks
sleeping bag or 3 warm blankets
handkerchiefs
swim suit
rain suit
pajamas
sweater and/or jacket
sneakers
pillow
sheet or mattress cover

PERSONAL EQUIPMENT

tooth brush and paste
hand towels
beach towels
wash cloth
comb, brush, mirror
soap and shampoo
water bottle

TROOP EQUIPMENT

woods tools
US and troop flags
**cooking items for the
Wednesday campsite dinner**

NOT TO FORGET!

flashlight with extra batteries
Scout Handbook
merit badge pamphlets
pen, pencil, pad, money

OPTIONAL

camera
insect repellent (non-aerosol)
mess kit
fishing tackle
sewing kit

PLEASE LEAVE HOME: sheath knives, SWAT knives, iPods, radios, tvs, cell phones, and any clothing with inappropriate messages or images.

Troop leaders are encouraged to keep spending money, cameras and other valuables locked and secured while at camp.

Special Programs and Events

“The Spirit Stick”

The Spirit Stick is awarded every evening to the troop that shows the most spirit in camp. Winners of the Spirit Stick earn a right and a responsibility for the troop. The “right” is to be the first troop dismissed out of the dining hall after meals. The “responsibility” is that the troop must affix a small totem to the Spirit Stick which indicates they earned the stick for the day.

Shawtown Wilderness Trek

A challenging opportunity for older Scouts. It all happens in the back woods of Camp Workcoeman where Scouts will complete special tasks that test their skills in survival, pioneering and teamwork. The trek leads to the Shawtown Wilderness Area where all will spend the night learning about the Shawtown folklore. While there, Scouts will also try their hand at muzzle loading rifles. All Scouts who successfully complete the program will be awarded a special Wilderness Trek patch reserved only for them. Scouts depart Wednesday after lunch and return Thursday before Polar Bear swim.

Discover Scuba

Camp Workcoeman is entering new waters. Every Wednesday PADI certified instructors from Enfield SCUBA will come to camp and offer a full Discover Scuba course. The weekly course is open to Scouts and leaders age 13 and over and requires an extra fee of \$50 per-participant.

Anyone interested should sign up early as space is limited.
Wednesday 2 pm.



Huck Finn Tube Ride

Your troop can arrange for a tubing trip down the Farmington River through Satan’s Kingdom; a great way to spend a hot summer afternoon! Reservations must be made two weeks in advance by contacting the Program Director. Transportation to and from the river is up to the troop. An additional fee and a completed parental permission form is required for all youth participants. This form can be obtained by going to the following web site - www.farmingtonrivertubing.com. As this is considered an individual troop activity, a Tour Permit must be submitted. This can be done at the Camp Office.

Farmington River Kayak Trip

This trip on the Farmington River is a fun activity, especially for those working on Kayaking BSA. It’s a great way to use your kayaking skills. Scouts must be 13 years old and a blue tag swimmer. Scouts depart Thursday after lunch and return prior to dinner.

Buckskin Tomahawk Throw

Directly from Shawtown; this fun activity tests your ability to learn a special buckskin skill. This activity is offered by the Scoutcraft Staff during troop activity periods and during the 4 o’clock free period.

This Page "FOR LEADERS ONLY"

"Lou's Lounge"

This is a special place for leaders to enjoy a break from all of the action. It is located in the conference room area below the dining hall. The newspaper is delivered daily. Leaders are also welcome to relax and put your feet up or just use the rest rooms. Occasionally a "snoring contest" occurs! This special place is off limits to Scouts.

WiFi Internet Service is available as a courtesy for all leaders. The signal is available anywhere around the parade ground area. "Leaders Only!" Please request the password at the camp office.



Leader's Roundtables

Held twice during the week, at 8:00 PM on Monday night in "Lou's Lounge" and Thursday at 4:00 PM at the lake-front view in front of the director's cottage. This open forum is an opportunity for troop leaders and key staff to gather and answer questions, solve problems, and discuss concerns as well as sharing your suggestions and camping experiences.

Activities & Awards for Leaders **Scoutmasters should have fun too!**

"Camp Workcoeman Rusty Man" -

A great opportunity for leaders who would like to earn the **Iron Man Award** but can't because time has begun to make the iron "rust." This event is designed especially for them. The leaders must complete a 1/2 mile run, 1/4 mile swim, and a 1/2 mile canoe, to be dubbed a **"Camp Workcoeman Rusty Man."**

Scoutmaster Shoot-Off / Horseshoe Competition

These events are held during the Friday Camp-Wide Game and related activities. Leaders can demonstrate their ability in a rifle and archery shoot-off competition. Another leader event offered at this time is a horseshoe tournament. Special presentations will be made during the Saturday morning Court-of-Honor.



CAST IRON CHEF

Try your hand at this Scoutmaster Dessert Cook-off! This competition is held on Wednesday during the campsite dinner program. Your dish will be judged on creativity, taste and originality by a panel of staff dessert experts! The winning dish will be announced at the Saturday Court of Honor with the winning chef receiving a special prize.

Scoutmaster Merit Badge -

Any leader can earn the Scoutmaster Merit Badge patch by completing the following requirements:

- Assist with 3 free swims throughout the week.
- Participate in 3 polar bear swims as a swimmer or lifeguard
- Help out in a program area at least 2 days
- Participate in one of two Scoutmaster competitions:
the Scoutmaster Shoot-off or the Scoutmaster Horseshoe Competition
- Explain in 50 word or less what "Scout Spirit" means to you
- Read Grace at 1 meal



If you have previously earned the SM Merit Badge patch, you can complete additional requirements for a second, third, fourth and beyond. You will be presented a rocker that can be placed around your SM Merit Badge Patch.

Scout Leader Training Sessions

A series of leader training opportunities will again be offered this summer. We invite any of your troop leaders who are not in camp to attend these sessions. Pocket certificates will be presented to all that complete these sessions.

Training Opportunities for BSA Aquatics Supervisor.....

Swimming & Water Rescue

This national program provides leaders with information and in-the-water skills to prevent, recognize, and respond to swimming emergencies during unit swimming activities. This training will replace Safe Swim Defense as the certification required on the Unit Tour Permit.

Participants must be at least 16 years old and must be a blue swimmer.

Monday, Tuesday and Wednesday at 11:15 (must attend all days)



Paddle Craft Safety

This is the companion course that expands on Safety Afloat training to include the basic skills and knowledge needed for a unit leader to supervise most float trips using canoes. This training will replace Safety Afloat as the certification required on the Unit Tour Permit. Development of personal canoeing skills is emphasized. Those taking the course must be 16 years old and be able to pass the BSA Swimmer test.

Monday, Tuesday and Wednesday at 3:15

Both Swimming & Water Rescue and Paddle Craft Safety are required for certification as BSA Aquatics Supervisor.



"Trek Safely"

Learn the proper planning and safety procedures for conducting a trek expedition. With the increase in troop treks, the BSA has developed this training to ensure that your Scouts will get the most out of this great program.

This training can be arranged by request in the Sturge Shields Campcraft Area



"Leave No Trace"

Leave No Trace is dedicated to promoting and inspiring responsible outdoor behavior through education research partnerships. Leave No Trace reminds us to respect the rights of other users of the outdoors as well as future generations. Appreciation of our natural environment and knowledge of the interrelationships of nature bolster our respect and reverence towards the environment and nature. An introductory discussion will occur during Trek Safely Training or request a presentation for your unit.

This training can be arranged by request in the Sturge Shields Campcraft Area

IOLS - Introduction to Outdoor Leader Skills

This training provides scouters with the basic camping abilities needed to manage a boy – led program. Please review the course schedule on the next following pages to ensure that you can provide the time necessary to participate while still fulfilling your units needs.

Interested participants MUST register in advance with the program director. Use the Special Activity Sign-up Form found in this guide.

A minimum number of participants is necessary for the course to be conducted.



Introduction to Outdoor Leader Skills

Training Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00	Troop Responsibilities	Map and Compass	First Aid	Wood Tools	Compass Challenge
9:30	Flag Etiquette				Program Planning
10:00	Rope Work	First Aid	Hiking and Backpacking	Fire Building	
10:30					
11:00		Plant Identification	Animal Identification	Cooking	Leave No Trace
11:30	Program Planning				



Training sessions will be held in the Scoutcraft Area beginning at 9:00 AM each day, with the exception of Monday. On Monday, training will begin at 9:30 AM, to allow scouts to ensure that their scouts arrive at the appropriate merit badge sessions on time.

In addition to the times listed above, scouts participating in the training program will be required to attend the following sessions:

- An informal meeting on Sunday, during the Orientation Rotation
- An outpost trek, which will leave from the Scoutcraft Area at 9:00 PM on Tuesday
- A meal, prepared in the training area during Lunch on Thursday
- An Interfaith Worship Service
- Participation in the campfire program

Attendance at all sessions is necessary to complete Introduction to Outdoor Leader Skills. Please use this information to plan a schedule for your campsite.

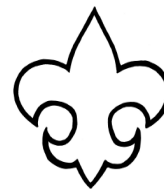


Veteran Camper Award

Camp Workcoeman, Connecticut Rivers Council, BSA

Each Scout Responsible For Securing Staff Signatures

COMPLETED SHEETS DUE AT CAMP OFFICE BY 2 PM, FRIDAY



Scout: _____ Troop: _____ Camp Site: _____

1st Week - Hiker

Have completed at least 10 requirements for TF, 2nd and/ or 1st Class Ranks **SM:** _____

Classify as a red tag swimmer **Aquatic Staff:** _____

Complete a camp service/conservation project (1 hour) **Project Director:** _____

Be an active member of your troop and patrol **SM:** _____

2nd Week - Camper

Complete at least 20 requirements for TF, 2nd and/or 1st Class Ranks **SM:** _____

Classify as a blue tag swimmer **Aquatic Staff:** _____

*Complete 3-hours in camp service/conservation projects **Project Director:** _____

Be an active member of troop and patrol **SM:** _____

3rd Week - Pioneer

Complete the 1st Class Rank (up to Board of Review) **SM:** _____

Earn Swimming and 1 other Aquatic merit badge **Aquatic Staff: _____

*Complete 5-hours in a camp service/conservation projects **Project Director:** _____

Hold a leadership position during camp **SM:** _____

4th Week - Frontiersman

Earn Cooking, Camping, and 3 other camp Merit Badges **SM:** _____

Earn Swimming and 2 other Aquatic Merit Badges **SM: _____

*Complete 8-hours in camp service/conservation projects **Project Director:** _____

Participate in at least one older boy activity in camp Program Director: _____

(Discover SCUBA, Shawtown, COPE, Kayak BSA)

5th Week- Indian Chief

Complete the Star Scout Rank **SM:** _____

Assist staff with instruction for 5 Merit Badge sessions **Program Director:** _____

Demonstrate satisfactory leadership during a troop or patrol camp project **SM:** _____

Participate in one in-camp training course **Staff Trainer:** _____

(Leave No Trace, Safe Swim/Safety Afloat, Trek Safety, Climb on Safely, BSA lifeguard)

*Service time is cumulative

**Alternate requirements for swimming related requirements for third and fourth week camper:

3rd week: Earn Sports MB and 1 other sports/shooting sports Merit Badge **SM:** _____

4th week: Earn Sports MB and 2 other sports/shooting sports Merit Badges **SM:** _____

Workcoeman Scout Reservation





Program Schedule




Boy Scouts of America

Troop # _____

Campsite _____

All Periods 45 min	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Set Times
9:15	Time Off For Staff	Merit Badge Instruction					Skill Mill	Reveille 7:15 Morning Colors 7:45 Breakfast 8:00 Lunch 12:30 Dinner 6:00
10:15	Staff Meeting 12:00	Merit Badge Instruction					Campwide Court of Honor 11:00 AM	Waiters: 7:45, 12:15 and 5:45
11:15	Merit Badge Instruction					Camp- wide Game	Bar-B-Q 12:00 Noon	Health Corp, Campsite Clean-up 8:30
2:15	Check-In: Health Check Swim Test							Siesta 1:15 -2:00
3:15	SM Meeting 4 p.m. (in the Dining Hall)							COPE Mon.-Thur. 1:30-3:30
7:00	Camp Orientation MB Sign-up			Campwide Activities Night		Camp wide Campfire		4:00 Daily General Swim & Boating Open Rifle & Archery Shoot Tomahawk Throw (Mon-Fri.) Open Climbing Wall (Mon & Wed only)
8:00	Opening Campfire	Scoutmaster Roundtable			Scoutmaster Roundtable 7:30			Flag Retreat 5:45 Taps 9:30

All Periods 45 min	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Set Times
9:15	Time Off For Staff	Merit Badge Instruction					9:15 Skill Mill	Reveille 7:15 Morning Colors 7:45 Breakfast 8:00 Lunch 12:30 Dinner 6:00
10:15		Merit Badge Instruction					11:00 Camp-wide Court of Honor	Walters: 7:45, 12:15 and 5:45 Health Corp. Campsite Clean-up 8:30
11:15		Merit Badge Instruction					12:00 Noon Family Bar-B-Q	
2:15		Check-In: Health Check Swim Test	Troop Photos after lunch	Siesta: Iron Man Canoe Shawtown Wilderness Trek depart after lunch	Farmington River Kayak Trip &	Campwide Game		Siesta 1:15 -2:00 COPE Mon.-Thur. 1:30-3:30
3:15		SM Meeting 4 p.m. (in the Dining Hall)		3:00 PM Food Pick up Cook Dinner in Campsite	Siesta: Sailing Regatta	Scoutmaster Shoot-Off & Horseshoe Tournament		4:00 Daily General Swim & Boating Open Rifle & Archery Shoot Tomahawk Throw (Mon-Fri.) Open Climbing Wall (Mon & Wed only)
7:00		• Camp Orientation		Campwide Activites & Sports Night		Religious Service 7:00 PM		Retreat 5:45 Taps 9:30
8:00	• MB Sign-up • Opening Campfire	8:00 SM Roundtable in Lou's Lounge		7:00 PM Water Polo & Ar- chery Shoot-out	7:30 PM Leader Meeting @ Director's Cottage 9:00 PM Camping MB & Wilderness	Campfire Wide 		

Camp Related Forms



- *Summer Camp Prep Form*
- *Special Activity Sign-up Form*
- *Merit Badge Sign-up Form*
- *Bar-B-Que Sign-up Form*
- *Medical Form*
- *Medication Administration Form*
- *Medical Screening Questionnaire*
- *Off Camp Activity Permission Form*
- *Picture & Name Badge Order Form*
- *Camper Release Form*
- *Scouter Resource Form*
- *CIT Application*
- *Staff Application*

Summer Camp Prep Form

Use this form to prepare for your week at summer



Send the following items at least 3 weeks prior to your week of camp.

- ☐ Medical Forms - and related Medication Authorization Forms
(Send copies of Medical Forms as they are not returned)
- ☐ Troop Activity Sign-up Form
- ☐ Merit Badge Sign-up Form
- ☐ Troop Roster
- ☐ Adult Resource Form
- ☐ Troop Leader Name Tag Order Form

Additional items requiring payment at camp:

Saturday Barbecue # of Youth age 10 and under _____ x \$5.00 = _____

of Adults _____ x \$8.00 = _____

Troop Photographs # of Photos _____ x \$10.00 = _____

We strongly suggest that you bring at least 3 troop checks to cover the costs at camp.

Contact Information

Camp Workcoeman

169 Camp Workcoeman Road

New Hartford, CT 06057

Office-860-379-2207

Fax- 860-379-1311

For information regarding

Camp Administration, Programs, Schedules contact:

Lou Seiser, Camp Director

860-597-4471

lseiser@campworkcoeman.org

Connecticut Rivers Council, BSA

60 Darlin Street

East Hartford, CT 06128

800-414-2433 ext. 2711

For information regarding
payments & reservations contact:

Kelly Dolnack, Executive Secretary

860-913-2752

kelly.dolnack@scouting.org

Bob Steele, Council Executive Staff

860-913-2750

rgsteele@bsamail.org

Pre-Camp Merit Badge Sign-up Form

Troop_____

Campsite_____

[illegible]

Duplicate as needed Mail, e-mail or fax two weeks prior to your week at camp!
CAMP FAX NUMBER: 860-379-1311. You can also register online.

Camp Workcoeman Bar-B-Que Sign-up Sheet

Troop # _____ Campsite _____ Camp Leader _____

_____ Scouts & Leaders attending (no Charge)

_____ Family members 11 years and older @ \$8.00 each \$ _____

_____ Family members 10 years and younger @ \$5.00 each \$ _____

_____ Total Attending Bar-B-Que

Total \$ _____

_____ Scouts & Leaders departing early

Please make all checks payable to CT RIVERS COUNCIL

Please have all Bar-B-Q reservations submitted into the camp office by noon Tuesday. Tickets will be issued for all Scouts, Leaders and Guests Saturday morning. Be sure that the number attending above is accurate.

Cash

Check

Received by _____

.....

This part returned to Troop Leader

Troop # _____ Campsite _____

Camp leader _____

_____ Scouts & Leaders attending (no charge)

_____ Family members 11 years and older @ \$8.00 each \$ _____

_____ Family members 10 years and younger @ \$5.00 each \$ _____

_____ Total Attending Bar-B-Que

Total \$ _____

_____ Scouts & Leaders departing early

Cash

Check

Received by _____

Special Activity Sign-up Form

Please list the names of Scouts and leaders that would like to participate in the programs listed below. This will enable adequate planning for each activity. Please submit this form along with your Merit Badge Sign-up Form and troop activity requests. Additions or changes to the list is possible. Please indicate if participant is a Scout or adult.

Must beat least 13 years old

--	--	--	--	--	--	--	--	--

Wilderness Trek

--	--	--	--	--	--	--	--

Must be 13 years old & blue tag swimmer

--	--	--	--	--	--	--	--	--

Must be 13 years old & Additional fee

--	--	--	--	--	--	--	--

Must be at least 15 years old

--	--	--	--	--	--	--	--	--

Specify Training - SM or IOLS

--	--	--	--	--	--	--	--

Annual Health and Medical Record

(Valid for 12 calendar months)

Medical Information

The Boy Scouts of America recommends that all youth and adult members have annual medical evaluations by a certified and licensed health-care provider. In an effort to provide better care to those who may become ill or injured and to provide youth members and adult leaders a better understanding of their own physical capabilities, the Boy Scouts of America has established minimum standards for providing medical information prior to participating in various activities. Those standards are offered below in one three-part medical form. Note that unit leaders must always protect the privacy of unit participants by protecting their medical information.

Parts A and C are to be completed annually by all BSA unit members. Both parts are required for all events that do not exceed 72 consecutive hours, where the level of activity is similar to that normally expended at home or at school, such as day camp, day hikes, swimming parties, or an overnight camp, and where medical care is readily available. Medical information required includes a current health history and list of medications. Part C also includes the parental informed consent and hold harmless/release agreement (with an area for notarization if required by your state) as well as a talent release statement. Adult unit leaders should review participants' health histories and become knowledgeable about the medical needs of the youth members in their unit. This form is to be filled out by participants and parents or guardians and kept on file for easy reference.

Part B is required with parts A and C for any event that exceeds 72 consecutive hours, or when the nature of the activity is strenuous and demanding, such as a high-adventure trek. Service projects or work weekends may also fit this description. It is to be completed and signed by a certified and licensed health-care provider—physician (MD, DO), nurse practitioner, or physician's assistant as appropriate for your state. The level of activity ranges from what is normally expended at home or at school to strenuous activity such as hiking and backpacking. Other examples include tour camping, jamborees, and Wood Badge training courses. It is important to note that the height/weight limits must be strictly adhered to if the event will take the unit beyond a radius wherein emergency evacuation is more than 30 minutes by ground transportation, such as backpacking trips, high-adventure activities, and conservation projects in remote areas.

Risk Factors

Based on the vast experience of the medical community, the BSA has identified that the following risk factors may define your participation in various outdoor adventures.

- Excessive body weight
- Heart disease
- Hypertension (high blood pressure)
- Diabetes
- Seizures
- Lack of appropriate immunizations
- Asthma
- Sleep disorders
- Allergies/anaphylaxis
- Muscular/skeletal injuries
- Psychiatric/psychological and emotional difficulties

For more information on medical risk factors, visit Scouting Safely on www.scouting.org.

Prescriptions

The taking of prescription medication is the responsibility of the individual taking the medication and/or that individual's parent or guardian. A leader, after obtaining all the necessary information, can agree to accept the responsibility of making sure a youth takes the necessary medication at the appropriate time, but BSA does not mandate or necessarily encourage the leader to do so. Also, if state laws are more limiting, they must be followed.

For frequently asked questions about this Annual Health and Medical Record, see Scouting Safely online at <http://www.scouting.org/scoutsource/HealthandSafety.aspx>. Information about the Health Insurance Portability and Accountability Act (HIPAA) may be found at <http://www.hipaa.org>.



BOY SCOUTS OF AMERICA.

Annual BSA Health and Medical Record

Part A

GENERAL INFORMATION

Name _____ Date of birth _____ Age _____ Male ☐ Female ☐
Address _____ Grade completed (youth only) _____
City _____ State _____ Zip _____ Phone No. _____
Unit leader _____ Council name/No. _____ Unit No. _____
Social Security No. (optional; may be required by medical facilities for treatment) _____ Religious preference _____
Health/accident insurance company _____ Policy No. _____

ATTACH A PHOTOCOPY OF BOTH SIDES OF INSURANCE CARD (SEE PART C). IF FAMILY HAS NO MEDICAL INSURANCE, STATE "NONE."
In case of emergency, notify:

Name _____ Relationship _____
Address _____
Home phone _____ Business phone _____ Cell phone _____
Alternate contact _____ Alternate's phone _____

MEDICAL HISTORY

Are you now, or have you ever been treated for any of the following:

Yes	No	Condition	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Asthma	
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	
<input type="checkbox"/>	<input type="checkbox"/>	Hypertension (high blood pressure)	
<input type="checkbox"/>	<input type="checkbox"/>	Heart disease (i.e., CHF, CAD, MI)	
<input type="checkbox"/>	<input type="checkbox"/>	Stroke/TIA	
<input type="checkbox"/>	<input type="checkbox"/>	COPD	
<input type="checkbox"/>	<input type="checkbox"/>	Ear/sinus problems	
<input type="checkbox"/>	<input type="checkbox"/>	Muscular/skeletal condition	
<input type="checkbox"/>	<input type="checkbox"/>	Menstrual problems (women only)	
<input type="checkbox"/>	<input type="checkbox"/>	Psychiatric/psychological and emotional difficulties	
<input type="checkbox"/>	<input type="checkbox"/>	Learning disorders (i.e., ADHD, ADD)	
<input type="checkbox"/>	<input type="checkbox"/>	Bleeding disorders	
<input type="checkbox"/>	<input type="checkbox"/>	Fainting spells	
<input type="checkbox"/>	<input type="checkbox"/>	Thyroid disease	
<input type="checkbox"/>	<input type="checkbox"/>	Kidney disease	
<input type="checkbox"/>	<input type="checkbox"/>	Sickle cell disease	
<input type="checkbox"/>	<input type="checkbox"/>	Seizures	
<input type="checkbox"/>	<input type="checkbox"/>	Sleep disorders (i.e., sleep apnea)	
<input type="checkbox"/>	<input type="checkbox"/>	GI problems (i.e., abdominal, digestive)	
<input type="checkbox"/>	<input type="checkbox"/>	Surgery	
<input type="checkbox"/>	<input type="checkbox"/>	Serious injury	
<input type="checkbox"/>	<input type="checkbox"/>	Other	

Allergies or Reaction to:

Medication _____

Food, Plants, or Insect Bites _____

Immunizations:

The following are recommended by the BSA. Tetanus immunization must have been received within the last 10 years. If had disease, put "D" and the year. If immunized, check the box and the year received.

Yes	No	Date
<input type="checkbox"/>	<input type="checkbox"/>	Tetanus _____
<input type="checkbox"/>	<input type="checkbox"/>	Pertussis _____
<input type="checkbox"/>	<input type="checkbox"/>	Diphtheria _____
<input type="checkbox"/>	<input type="checkbox"/>	Measles _____
<input type="checkbox"/>	<input type="checkbox"/>	Mumps _____
<input type="checkbox"/>	<input type="checkbox"/>	Rubella _____
<input type="checkbox"/>	<input type="checkbox"/>	Polio _____
<input type="checkbox"/>	<input type="checkbox"/>	Chicken pox _____
<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis A _____
<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis B _____
<input type="checkbox"/>	<input type="checkbox"/>	Influenza _____
<input type="checkbox"/>	<input type="checkbox"/>	Other (i.e., Hib) _____

☐ Exemption to immunizations claimed.

MEDICATIONS

List all medications currently used. (If additional space is needed, please photocopy this part of the health form.) Inhalers and EpiPen information must be included, even if they are for occasional or emergency use only.

(For more information about immunizations, as well as the immunization exemption form, see Scouting.org.)

Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____ Distribution approved by: _____ Parent signature _____ MD/DO, NP, or PA Signature Temporary <input type="checkbox"/> Permanent <input type="checkbox"/>	Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____ Distribution approved by: _____ Parent signature _____ MD/DO, NP, or PA Signature Temporary <input type="checkbox"/> Permanent <input type="checkbox"/>	Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____ Distribution approved by: _____ Parent signature _____ MD/DO, NP, or PA Signature Temporary <input type="checkbox"/> Permanent <input type="checkbox"/>
Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____ Distribution approved by: _____ Parent signature _____ MD/DO, NP, or PA Signature Temporary <input type="checkbox"/> Permanent <input type="checkbox"/>	Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____ Distribution approved by: _____ Parent signature _____ MD/DO, NP, or PA Signature Temporary <input type="checkbox"/> Permanent <input type="checkbox"/>	Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____ Distribution approved by: _____ Parent signature _____ MD/DO, NP, or PA Signature Temporary <input type="checkbox"/> Permanent <input type="checkbox"/>

NOTE: Be sure to bring medications in the appropriate containers, and make sure that they are **NOT** expired, including inhalers and EpiPens. You **SHOULD NOT STOP** taking any maintenance medication.

Emergency contact No.:

Allergies:

DOB:

Last name:

Part B**PHYSICAL EXAMINATION**

Height _____ Weight _____ % body fat _____ Meets height/weight limits ☐ Yes ☐ No
 Blood pressure _____ Pulse _____

Individuals desiring to participate in any high-adventure activity or event in which emergency evacuation would take longer than 30 minutes by ground transportation will not be permitted to do so if they exceed the height/weight limits as documented in the table at the bottom of this page or if during a physical exam their health care provider determines that body fat percentage is outside the range of 10 to 31 percent for a woman or 2 to 25 percent for a man. Enforcing this limit is strongly encouraged for all other events, but it is not mandatory. (For healthy height/weight guidelines, visit www.ode.gov.)

	Normal	Abnormal	Explain Any Abnormalities	Range of Mobility	Normal	Abnormal	Explain Any Abnormalities
Eyes				Knees (both)			
Ears				Ankles (both)			
Nose				Spine			
Throat							
Lungs				Other	Yes	No	
Heart				Contacts			
Abdomen				Dentures			
Genitalia				Braces			
Skin				Inguinal hernia			Explain
Emotional adjustment				Medical equipment (i.e., CPAP, oxygen)			
Tuberculosis (TB) skin test (if required by your state for BSA camp staff) <input type="checkbox"/> Negative <input type="checkbox"/> Positive							

Allergies (to what agent, type of reaction, treatment): _____

I certify that I have, today, reviewed the health history, examined this person, and approve this individual for participation in:

- ☐ Hiking and camping ☐ Competitive activities ☐ Backpacking ☐ Swimming/water activities ☐ Climbing/rappelling
☐ Sports ☐ Horseback riding ☐ Scuba diving ☐ Mountain biking ☐ Challenge ("ropes") course
☐ Cold-weather activity (<10°F) ☐ Wilderness/backcountry treks

Specify restrictions (if none, so state) _____

Certified and licensed health-care providers recognized by the BSA to perform this exam include physicians (MD, DO), nurse practitioners, and physician's assistants.

To Health Care Provider: Restricted approval includes:

- Uncontrolled heart disease, asthma, or hypertension.
- Uncontrolled psychiatric disorders.
- Poorly controlled diabetes.
- Orthopedic injuries not cleared by a physician.
- Newly diagnosed seizure events (within 6 months).
- For scuba, use of medications to control diabetes, asthma, or seizures.

Provider printed name _____

Signature _____

Address _____

City, state, zip _____

Office phone _____

Date _____

Height (inches)	Recommended Weight (lbs)	Allowable Exception	Maximum Acceptance
60	97-138	139-166	166
61	101-143	144-172	172
62	104-148	149-178	178
63	107-152	153-183	183
64	111-157	158-189	189
65	114-162	163-195	195
66	118-167	168-201	201
67	121-172	173-207	207
68	125-178	179-214	214
69	129-185	186-220	220

Height (inches)	Recommended Weight (lbs)	Allowable Exception	Maximum Acceptance
70	132-188	189-226	226
71	136-194	195-233	233
72	140-199	200-239	239
73	144-205	206-246	246
74	148-210	211-252	252
75	152-216	217-260	260
76	156-222	223-267	267
77	160-228	229-274	274
78	164-234	235-281	281
79 & over	170-240	241-285	285

This table is based on the revised Dietary Guidelines for Americans from the U.S. Dept. of Agriculture and the Dept. of Health & Human Services.

Part B

Last name: _____ DOB: _____

Part C

Informed Consent and Hold Harmless/Release Agreement

I understand that participation in Scouting activities involves a certain degree of risk. I have carefully considered the risk involved and have given consent for myself and/or my child to participate in these activities. I understand that participation in these activities is entirely voluntary and requires participants to abide by applicable rules and standards of conduct. I release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all claims or liability arising out of this participation.

I approve the sharing of the information on this form with BSA volunteers and professionals who need to know of medical situations that might require special consideration for the safe conducting of Scouting activities.

In case of an emergency involving me or my child, I understand that every effort will be made to contact the individual listed as the emergency contact person. In the event that this person cannot be reached, permission is hereby given to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for me or my child. Medical providers are authorized to disclose to the adult in charge Protected Health Information/Confidential Health Information (PHI/CHI) under the Standards for Privacy of Individually Identifiable Health Information, 45 C.F.R. §§160.103, 164.501, etc. seq., as amended from time to time, including examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the program activities.

☐ Without restrictions.

☐ With special considerations or restrictions (list) _____

I hereby assign and grant to the local council and the Boy Scouts of America the right and permission to use and publish the photographs/film/videotapes/electronic representations and/or sound recordings made of me or my child at all Scouting activities, and I hereby release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all liability from such use and publication.

I hereby authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage, and/or distribution of said photographs/film/videotapes/electronic representations and/or sound recordings without limitation at the discretion of the Boy Scouts of America, and I specifically waive any right to any compensation I may have for any of the foregoing.

☐ Yes ☐ No

Adults authorized to take youth to and from the event: (You must designate at least one adult. Please include a telephone number.)

1. _____
2. _____
3. _____

Adults NOT authorized to take youth to and from the event:

1. _____
2. _____
3. _____

I understand that, if any information I/we have provided is found to be inaccurate, it may limit and/or eliminate the opportunity for participation in any event or activity.

Participant's name _____

Participant's signature _____

Parent/guardian's signature _____

(If under the age of 16)

Date _____

Attach copy of insurance card (front and back) here. If required by your state, use the space provided here for notarization.



BOY SCOUTS OF AMERICA
1325 West Walnut Hill Lane
P.O. Box 152079
Irving, Texas 75015-2079
<http://www.scouting.org>

SKU 34605



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34605 2009 Printing

Part C

Last name: _____ DOB: _____

Rev. 9/2009

Last Name: _____	First Name: _____	<input type="checkbox"/> Staff	<input type="checkbox"/> Leader	<input type="checkbox"/> Camper
Campsite: _____		Pack _____	Troop _____	Crew # _____
Dates Attending: _____				

Part D**Connecticut Rivers Council Addendum to Annual BSA Health and Medical Records**

This addendum to the Annual BSA Health and Medical Records is for youths and adults who are participating in a CRC camp program. This is required to meet Connecticut Department of Public Health requirements. Please read and sign the form at the bottom of the page.

If you disagree with any statements here, please cross out that section and initial it. Explain your wishes in the comment section, attaching an additional sheet if necessary.

- o This medical form is correct so far as I know, and the person named in Part A has permission to **participate in all camp activities** except as noted on the form by me or by the doctor in Part B.
- o In case of **accident, injury or illness** while at camp, I hereby give my permission to the doctor selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery or injections of medication.
- o I hereby request that the camp's Health Officer administer the **prescription and/or over-the-counter medication(s)** ordered by my child's doctor/dentist. I understand that I must supply the camp with the prescribed medication in the original container as dispensed and properly labeled by a doctor or a pharmacist and will provide no more than is appropriate for my child's camp stay. I understand that this medication will be destroyed if not picked up within one week after my child leaves camp.
- o I also give permission for my child to **participate in trips** sponsored by the camp and approved by the adult/unit leader in charge. Examples of these trips are whitewater merit badge, orienteering merit badges or trips for rock climbing or mountain biking.
- o I give my permission for the Camp Health Officer to administer over-the-counter medications as directed for conditions as directed by the Camp Physician. Over-the-counter medications may include **WOUNDS**: Betadine, Hydrogen Peroxide, Bacitracin, Antibiotic ointment **POISON IVY**: Tecnu, Benadryl cream **CANKER SORES**: Benzocaine cream **PAIN**: Tylenol, Ibuprofen **DYSMENORRHEA**: Ibuprofen **ABDOMINAL DISCOMFORT**: Tums, Maalox **HEADACHE**: Tylenol, Ibuprofen **HYPOGLYCEMIA**: Glucose Gel, Glucagon **ALLERGIC REACTION**: Benadryl or generic, Epipen **ATHLETE'S FOOT**: Tinactin **INSECT STING/BITE**: Benadryl Cream, Hydrocortisone cream, Caladryl or Calagel, Epipen **TICK BITES**: Alcohol or Hydrogen Peroxide **1st DEGREE BURNS**: Burn Jell, Aloe Spray **EMERGENCIES**: Oxygen. Generics may be substituted.

This section must be signed to indicate acceptance of conditions above.

Signature: _____ Date Signed: ____/____/____
(Adults over 18 sign here. Parent/Guardian signs for camper.)

Name (print): _____

Relationship: _____

Comments:

Authorization for the Administration of Medication by Camp Personnel

In Connecticut, licensed Camps administering medications to children shall comply with all requirements regarding the Administration of Medications described in the CT State Statutes and Regulations. Parents/guardians requesting medication administration to their child from camp staff shall provide the program with appropriate written authorization(s) and the medication before any medications are administered. Medications must be in the original container and labeled with the child's name, name of medication, directions for medication's administration, and date of the prescription. All unused medication will be destroyed within one week following the camper's departure at the end of camp.

Authorized Prescriber's Order (Physician, Dentist, Physician Assistant, Advanced Practice Registered Nurse):

Name of Child _____ Date of Birth ____/____/____ Today's Date ____/____/____

Medication Name _____ Controlled Drug? Yes ____ No ____

Dosage _____ Route _____ Time of Administration _____

Specific Instructions for Medication Administration _____

Medication Administration: Start Date ____/____/____ Stop Date ____/____/____

Relevant Side Effects of Medication _____

Plan of Management for Side Effects _____

Known Food or Drug Allergies: Yes ____ No ____ Reactions to? Yes ____ No ____ Interactions with? Yes ____ No ____

If "yes" to any of the above, please explain _____

*This medication is an emergency medication and NOT a controlled substance, and the camper is authorized to carry and self-administer the above prescribed medication: Yes ____ No ____

Prescriber's Name _____

Prescriber's Address _____

Phone Number (____) _____ Fax Number (____) _____

Prescriber's Signature _____



Use for Prescriber's Stamp

Parent/Guardian Authorization:

I request that medication be administered to my child as described and directed above, and agree to provide the camp with the medication according to CT State Regulations described above, in a quantity appropriate for my child's stay at camp.

If applicable, I authorize my child to carry and self-administer the above-prescribed emergency medication.

Yes ____ No ____

Parent/guardian

Signature _____ Relationship to Child _____ Date ____/____/____

Camper Agreement (only for emergency medications to be self-carried and administered):

I have been trained and understand how and when to use my medications. I accept the responsibility to carry my medication with me at all times, to not share it with anyone else, and to inform the camp health staff when I have used it.

Camper Signature _____

Signature of Camp Personnel receiving Written Authorization and Medication _____

Title/Position _____ Date ____/____/____

MEDICAL SCREENING QUESTIONNAIRE

This form must be completed by a ALL Scouts and leaders on the day of arrival at camp. It is to comply with BSA National Camping Standards. Please have the forms completed and bring them with you at your designated check-in time with the Camp Nurse.

SCOUT'S NAME _____

TROOP _____ SITE _____

Please ask the scout named above the following questions. This must be done by someone 21 years or older. If any question is positive, briefly describe under the proper question.

- | | YES | NO |
|--|-------|-------|
| 1. <u>Any visit to a doctor or clinic since the last exam?</u> | _____ | _____ |
| 2. <u>Any recent illness, injury, rash, or allergic reaction?</u> | _____ | _____ |
| 3. <u>Any ongoing treatment or medication not handed into the nurse?</u> | _____ | _____ |
| 4. <u>Any medication taken 30 days prior to camp, that you are not on now?</u> | _____ | _____ |
| 5. <u>Do you feel fine and do they look fine at present?</u> | _____ | _____ |

Adult Signature

Date

Print Name

MEDICAL SCREENING QUESTIONNAIRE

This form must be completed by a ALL Scouts and leaders on the day of arrival at camp. It is to comply with BSA National Camping Standards. Please have the forms completed and bring them with you at your designated check-in time with the Camp Nurse.

SCOUT'S NAME _____

TROOP _____ SITE _____

Please ask everyone in your troop (adult and child) the following questions. This must be done by someone 21 years or older. If any question is positive, list their name and a description under the proper question.

- | | YES | NO |
|--|-------|-------|
| 1. <u>Any visit to a doctor or clinic since the last exam?</u> | _____ | _____ |
| 2. <u>Any recent illness, injury, rash, or allergic reaction?</u> | _____ | _____ |
| 3. <u>Any ongoing treatment or medication not handed into the nurse?</u> | _____ | _____ |
| 4. <u>Any medication taken 30 days prior to camp, that you are not on now?</u> | _____ | _____ |
| 5. <u>Do you feel fine and do they look fine at present?</u> | _____ | _____ |

Adult Signature

Date

Print Name

Must be completed for river Kayaking trip and COPE

Camp Workcoeman Off-Camp Activity Permission Form

I _____, as Parent/Guardian of
Scout _____, give permission
to take part in the off-camp activity _____
sponsored by Camp Workcoeman (date)_____.

_____SIGNATURE

_____DATE

Must be completed for river Kayaking trip and COPE

Camp Workcoeman Off-Camp Activity Permission Form

I _____, as Parent/Guardian of
Scout _____, give permission
to take part in the off-camp activity _____
sponsored by Camp Workcoeman (date)_____.

_____SIGNATURE

_____DATE

Camp Workcoeman Troop Picture Order Form

Leader Name _____ Week _____ Unit _____

Address _____ Telephone (____) _____

City/Town _____ State _____ Zip _____ Date _____

() Initial Order

() Additional Order

	Print All Information Name	#	Amount Paid		Name	#	Amount Paid		Name	#	Amount Paid
1.				13.				25.			
2.				14.				26.			
3.				15.				27.			
4.				16.				28.			
5.				17.				29.			
6.				18.				30.			
7.				19.				31.			
8.				20.				32.			
9.				21.				33.			
10.				22.				34.			
11.				23.				Total Photographs Ordered _____			
12.				24.				Total Amount Paid _____			

Make checks payable to C.R.C

Camp Workcoeman Troop Leader Name Badge Order Form

Leader Name _____ Week _____ Unit _____

Address _____ Telephone (____) _____


City/Town _____ State _____ Zip _____ Date _____

	Print All Information Name
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	
12.	

Order name badges for your troop's summer camp leaders.
Clearly print names in the space to the left.

Send this form with payment 2 weeks prior to your week of camp and the name badges will be there when you arrive.

Badge Price: \$5.00 ea.



Camp Workcoeman
Summer Camp Troop Leader

Your Name Here

Total Name Badges Ordered _____ x \$5.00 = _____

Send this form and payment to:
Camp Workcoeman Trading Post
169 Camp Workcoeman Road
New Hartford, CT 06057

Make checks payable to C.R.C

***Parent/Guardian Authorization for
Camper Release/Departure from Camp Facilities***

All campers that must leave the camp property, to return at a later time or day, must have this form completed in advance by a parent or guardian. This notice must be submitted to the camp office at time of initial check-in at the camp.

This notice must include the following: day, date, and time of personal event, indicating nature of activity; anticipated required departure and return to the camp facility; name, relationship, phone number, and address of individual authorized to pick up and transport camper. **Positive ID will be required for the individual authorized to pick up and transport camper.**

Please complete the below requested information for the camper, answer all questions and affix parent or guardian signature as authorization.

Camper Name _____ D.O.B. _____
Camp _____ Program _____ Unit# _____

is authorized to leave the scheduled camp to participate in the following personal activity event.

Activity/Event _____ Day _____ Date _____
Time of Departure _____ Tim of Return _____

The following individuals are authorized to pick up my camper. (please include your own name.)

1. Name _____ Relationship _____
Address _____ City/Town/State _____
2. Name _____ Relationship _____
Address _____ City/Town/State _____
3. Name _____ Relationship _____
Address _____ City/Town/State _____

Parent/Guardian Signature _____ Date _____

Camp Workcoeman

Scouter Resource Form

Scouters are the most important people in camp because they have the skills and training that is needed in a camp setting. We would like all of the leaders staying in camp to fill out one of the resource questionnaires and return it before arriving at camp. We hope that you will spend some of your time assisting us in providing a wonderful camp program for all of the boys in camp.

Name: _____ Troop: _____

Week Attending Camp: _____ Campsite: _____

Please indicate the program area(s) that you would be willing to assist during the week you are in camp. (Please circle or highlight those you would like to assist in)

<i>Nature</i>	<i>Waterfront</i>	<i>Scoutcraft</i>	<i>Tenderfoot's Compass</i>	<i>Handicraft</i>
<i>Rifle Range</i>	<i>Archery Range</i>	<i>Climbing</i>	<i>Sports</i>	<i>Biking</i>

Please indicate below those training opportunities you would like to attend during your week at camp. (Please circle or highlight)

<i>Leave No Trace</i>	<i>Trek Safely</i>	<i>Aquatic Supervisor:</i>	<i>Water Rescue</i>	<i>Paddle Craft</i>
<i>SM Specific Training</i>			<i>IOLS</i>	

Would you like to attend one of our overnight or out-of-camp activities? (Please circle those you would like to attend)

<i>Camping Overnight</i>	<i>COPE</i>	
<i>Kayak Trip</i>	<i>Shawtown Outpost Trek</i>	<i>Wilderness Survival Overnight</i>

Please list any merit badges that you would like to offer or assist with during your week at camp.

Is there any other way in which you would like to assist us while you are in camp?

Please return this form before your arrival at camp to:

Program Director
Camp Workcoeman
169 Camp Workcoeman Road
New Hartford, CT 06057

CAMP STAFF EMPLOYMENT APPLICATION

CONNECTICUT RIVERS COUNCIL, BSA

60 Darlin Street

East Hartford, CT 06128-0098

Fax - 1-860-290-8860



Select camp desired:

_____ Workcoeman

_____ Mattatuck

_____ J. N. Webster

_____ Tadma

_____ Cub Day Camp

_____ (location)

Personal Information Required for Application to be Accepted

Date of Application: _____

Name: _____ SSN: _____

Address: _____

City _____ State _____ Zip _____

Telephone: Home _____ Work _____ Cell _____

Email Address: _____ Drivers License #: _____ State: _____

Date of Birth (if under 21): _____ Physical Limitations, if any: _____

School Information (If presently a college student)

Name of College/ School _____ Telephone (____) _____

Your Mailing Address _____ Major _____

_____ Grade/Degree Completed _____

Scouting Experience

Current Registration: Circle one - Pack Troop Crew Post # _____

Council _____ District _____

Length of time as a Boy Scout _____ Highest rank attained _____

Length of time as a Cub Scout _____ Highest rank attained _____

Length of time as an Adult Scouter _____

Past Camp Staff Experience

(List where, position(s) held, dates) CIT Trained ___yes___no

If you are not a member of the Boy Scouts of America, are you willing to meet the standards of the BSA and register as a member?

Employment History/References (provide all information requested)

1) Your Job _____ Dates Employed _____ to _____

Business Name _____ Supervisor's Name _____ Title _____

Address _____ Telephone _____

2) School Reference _____ Position/Title _____

Address _____ Telephone _____

3) Scout Leader _____ Position/Title _____

Address _____ Telephone _____

4) Other Reference _____ Position/ Title _____

Address _____ Telephone _____

Scoutmaster's Approval _____ Date _____

Parent's Approval (if applicant under 18) _____ Date _____

Applicant's Signature _____ Date _____

Training & Certifications

Please list any certifications such as NCS, EMT, NRA, CPR or special training that relates to a staff position

Type of Certification

Expiration Date

_____	_____
_____	_____

Check Below the Merit Badges you have earned:

_____ Archery	_____ Fishing	_____ Mammal Study	_____ Shotgun Shooting
_____ Backpacking	_____ Forestry	_____ Metalwork	_____ Small Boat Sailing
_____ Basketry	_____ Geology	_____ Nature	_____ Soil & Water
_____ Camping	_____ Hiking	_____ Orienteering	_____ Sports
_____ Canoeing	_____ Indian Lore	_____ Personal Fitness	_____ Swimming
_____ Climbing	_____ Insect Study	_____ Pioneering	_____ Weather
_____ Cooking	_____ Leatherwork	_____ Rifle Shooting	_____ Wilderness Survival
_____ First Aid	_____ Lifesaving	_____ Rowing	_____ Wood Carving

Why are you applying for a position at a Connecticut Rivers Council Scout camp?

Please write a summary of your activities and achievements at school, in extracurricular groups and other organizations. Please list hobbies and experiences you may have had and you feel would make you an asset to a camp staff.

Have you ever been arrested and convicted? _____ If Yes Explain: _____

Camp Staff Opportunities

(Number in parenthesis denotes age requirement)

Camp Director (21)	Scout Skills Director (18)	Mountain Bike Director/Instructor (16)
Assistant Camp Director (21)	Scout Skills Instructor (15)	Health Officer/Nurse (21)
Program Director (21)	Nature/Ecology Director (18)	Business Manager (21)
Camp Commissioner (18)	Nature/Ecology Instructor (15)	Dining Hall Manager/Steward (16)
Aquatics Director (21)	Handicraft Staff (15)	Dining Hall Assistant (15)
Assistant Aquatics Director (18)	Shooting Sports Director (21)	Trading Post Manager/Clerk (16)
Aquatics Staff (15)	Shooting Sports Instructor (16)	Chaplain
Outdoor Skills Director (18)	Climbing Director (21)	Kitchen Aide (15)
Outdoor Skills Instructor (15)	Climbing Instructor (16)	Ranger Assistant (16)
	Cub Den Leader	CIT (14)

Positions Applied For:

1st Choice _____ 2nd Choice _____ 3rd Choice: _____

Salary Requested _____ Dates available _____

- Salary is based on position responsibility with consideration given to the applicant's experience and/or certifications.
- All camp staff must set an example of excellence in Scouting which includes the proper wearing of the Scout uniform.
- Applicants accepted for employment are on a trial basis with a probationary period. Employment may be terminated if it is determined that the employee is not adapted to their position or if information provided in the application process has been misrepresented or false.
- Applicants who are not United States Citizens will be required to produce working papers and evidence that they have a legal right to remain in the United States.

Camp Workcoeman Connecticut Rivers Council, BSA Counselor-in-Training Program Application



Scouts must be 14 years of age to apply. The fee is \$125.00.

Name (Please Print) _____ Troop # _____ District _____
Last First Middle Initial
Address _____ City _____ State _____ Zip _____
Phone # _____ Birth Date _____ Age _____ Rank _____
Camp attended as a camper _____ Date(s) _____
Current year in school _____ School Name _____

Scouting Background: Years in Scouting

Cub Scouts _____ Boy Scouts _____ Venturing _____ Current Unit Scouting Position _____

Scouting awards received _____

Scouting training received _____

O/A Membership: Ordeal _____ Brotherhood _____ Vigil _____

Hobbies _____

Non-Scouting organizations _____

Non-Scouting training received (CPR, Life Saving, First-Aid, Etc.) _____

Briefly, why do you wish to be a Counselor in Training _____

Parent Permission

Scoutmaster Permission

Recommendation of Scoutmaster _____

Camp week requesting _____

If selected, the Connecticut Rivers Council, BSA can expect my loyalty to the management, it's policies, and program and my full cooperation with other members of the staff. Signed _____

Submission of this application does not guarantee a Counselor-in-Training position. Send no money now.

If chosen payments, will be made on the first day of camp.

Counselor-in-Training Program

Purpose:

This Program is designed to provide Scouts who show outstanding troop leadership the opportunity to test their merit as potential staff members.

14 Year Old:

Requirement - you must attend camp for at least one week as a camper during the season you are applying for a Counselor-In-Training position.

15 Years Old:

Requirement - you must have attended camp for at least one week as a camper during the past 12 months in order to apply for the Counselor-In-Training Program.

The Counselor-In-Training Program is designed for boys age 14 or 15 who meet the above requirements. The fee for the first week is \$125. Based on the Scout's evaluation, he may be asked to stay for additional sessions at no cost to the Scout.

Application on reverse side.

*Mail to: Connecticut Rivers Council
P.O. Box 280098
East Hartford, CT 06128-0098
Att: Lou Seiser, Camp Workcoeman Director*